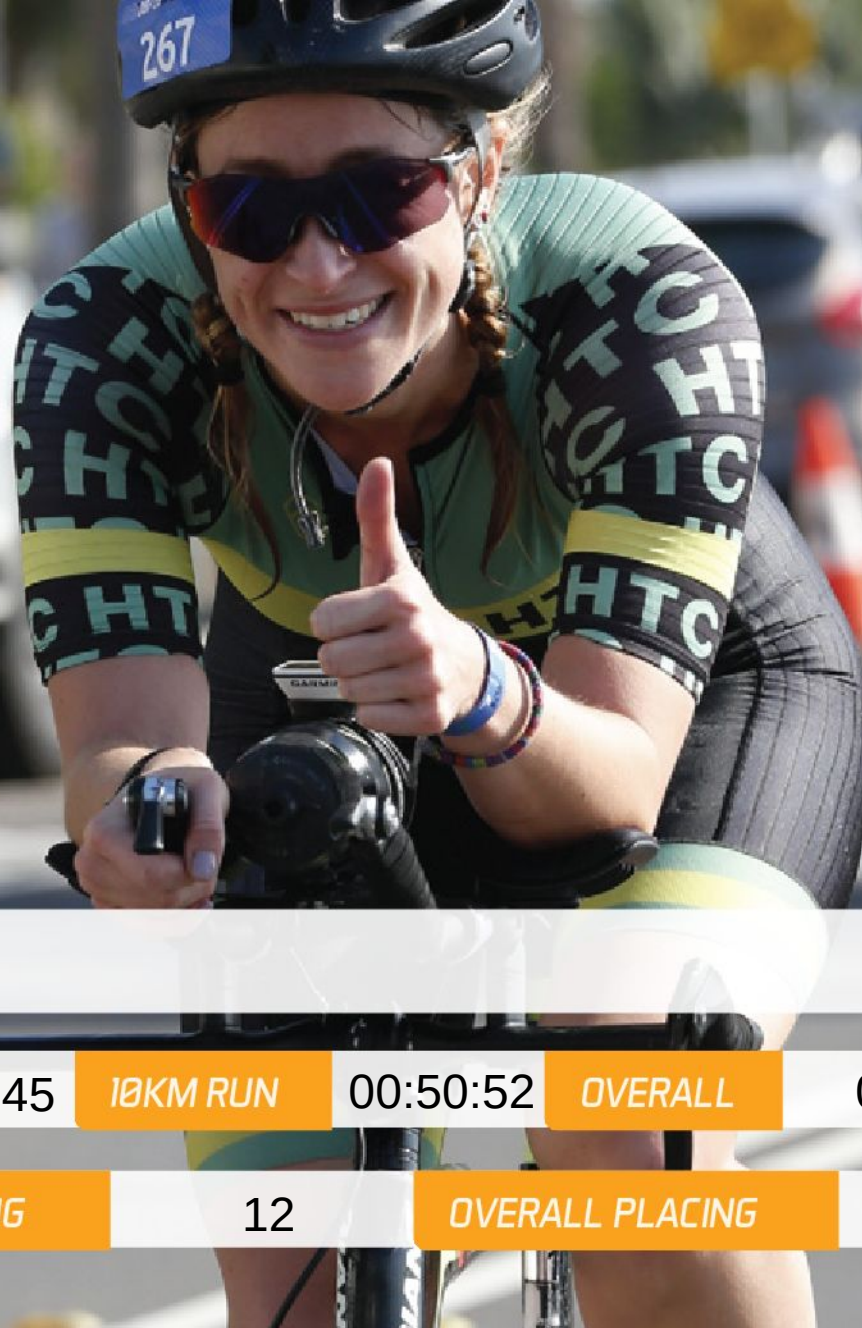




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Mathew AYOUB

1.5KM SWIM

00:32:16

40KM BIKE

01:07:45

10KM RUN

00:50:52

OVERALL

02:37:24

CATEGORY

35-39

CATEGORY PLACING

12

OVERALL PLACING

88

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

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ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
Crafting your space

catfish