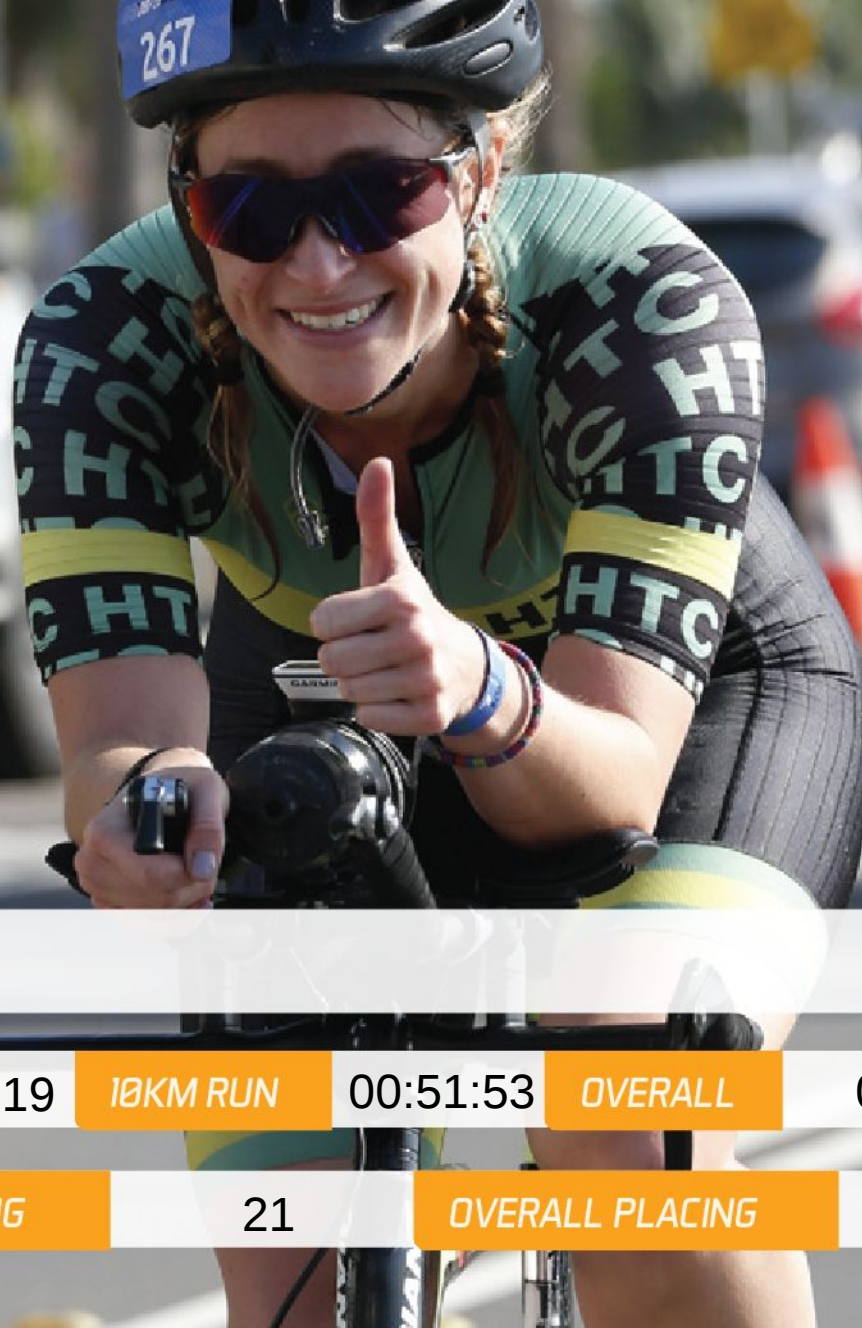




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Allan SOLLING

1.5KM SWIM

00:33:42

40KM BIKE

01:15:19

10KM RUN

00:51:53

OVERALL

02:46:40

CATEGORY

35-39

CATEGORY PLACING

21

OVERALL PLACING

148

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your space

catfish