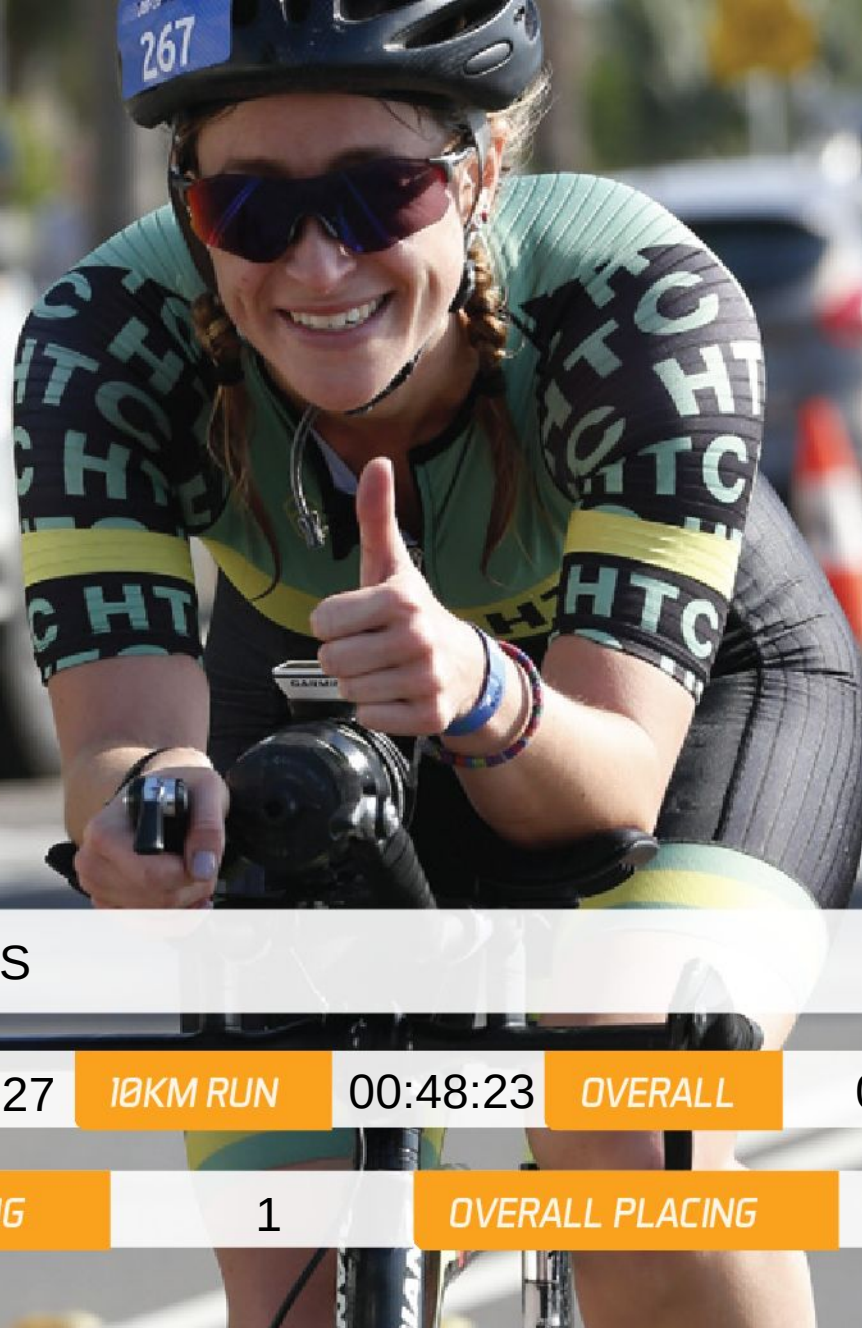




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Melissa MERTENS

1.5KM SWIM

00:27:45

40KM BIKE

01:11:27

10KM RUN

00:48:23

OVERALL

02:32:34

CATEGORY

45-49

CATEGORY PLACING

1

OVERALL PLACING

64

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your personal

catfish