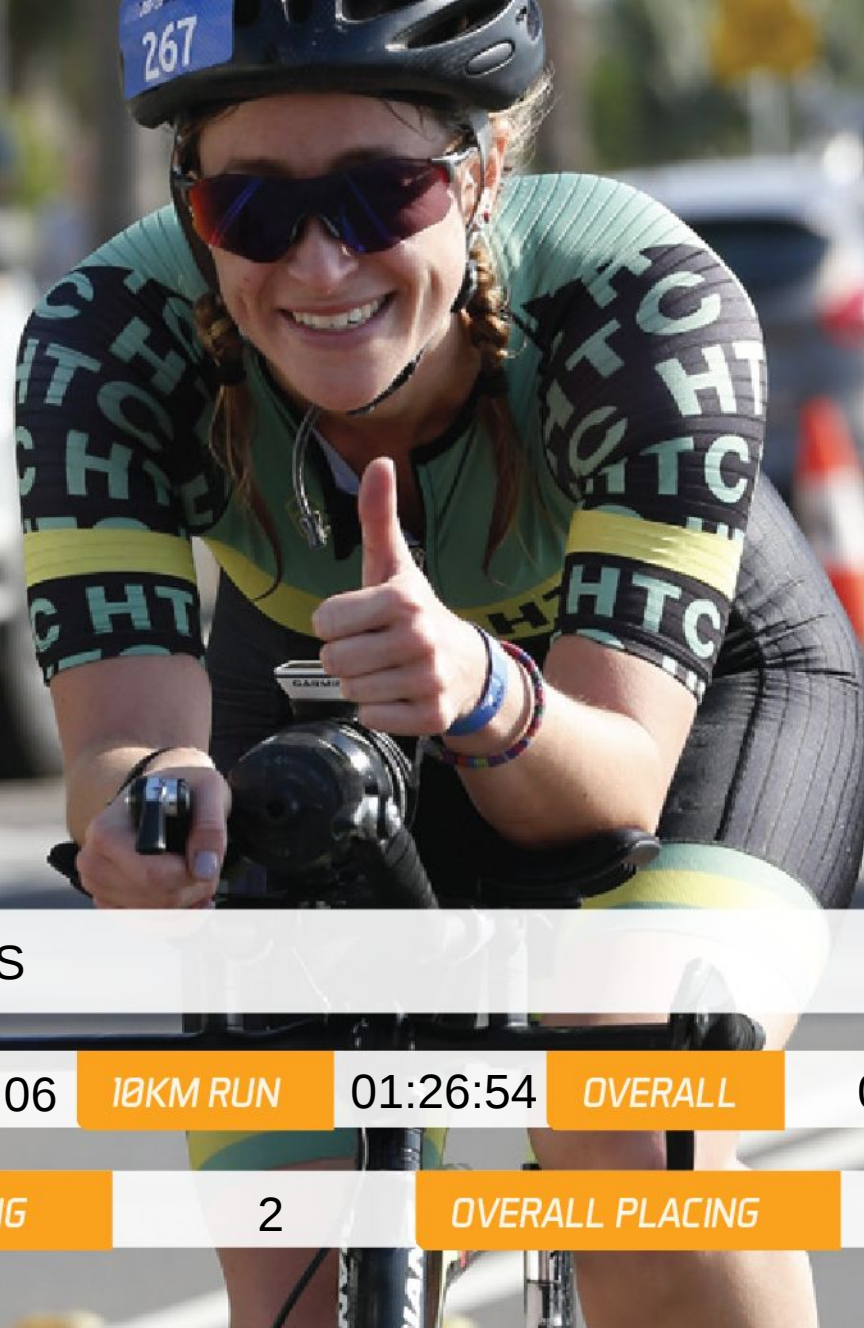




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Maryanne SPIERS

1.5KM SWIM

00:27:44

40KM BIKE

01:37:06

10KM RUN

01:26:54

OVERALL

03:43:38

CATEGORY

55-59

CATEGORY PLACING

2

OVERALL PLACING

329

POWERADE.

Destination
WOLLONGONG

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ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
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NON-ALCOHOLIC BEERS

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KIND

soto
Crafting your space

catfish