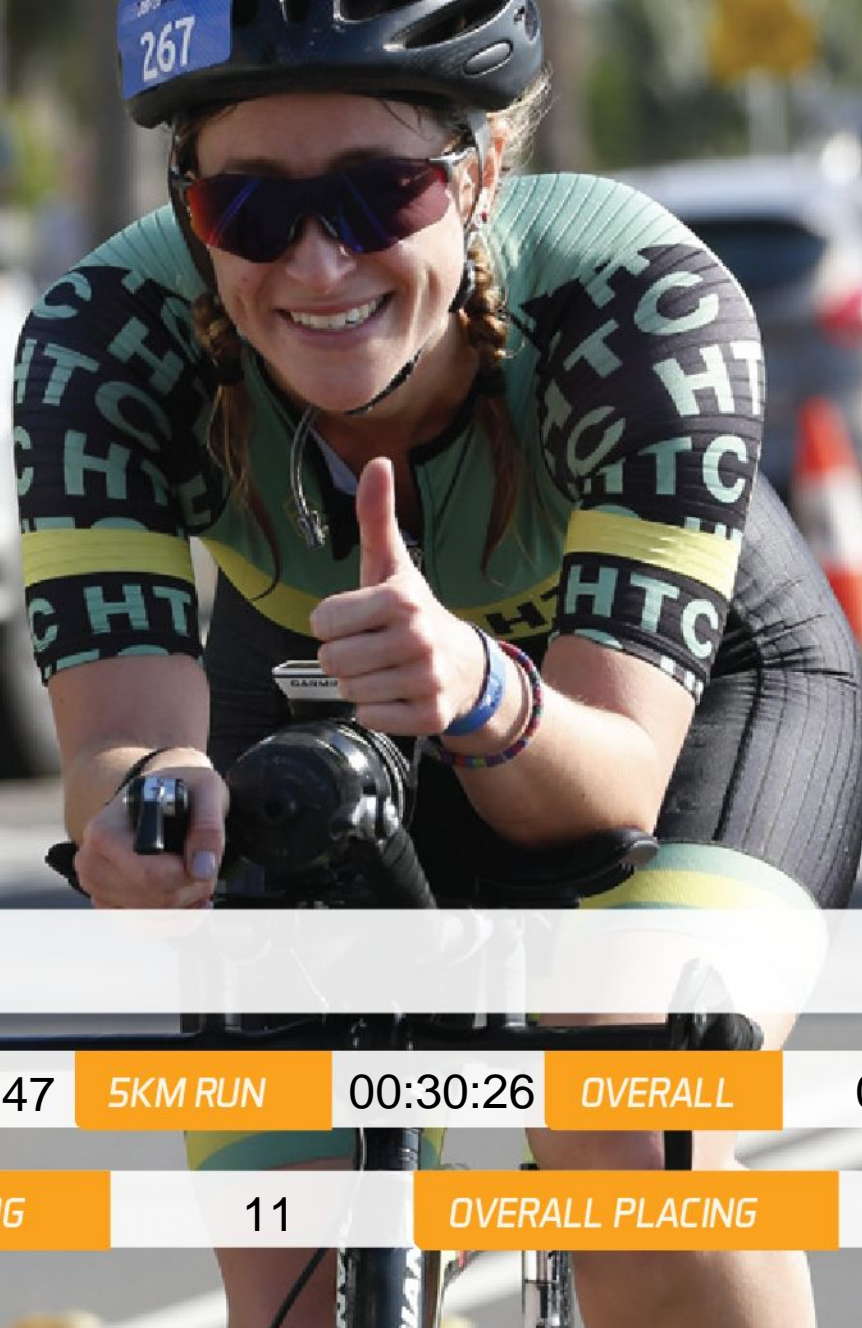




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



**SPRINT**

Dominic RISI

750M SWIM

00:16:52

20KM BIKE

00:38:47

5KM RUN

00:30:26

OVERALL

01:32:31

CATEGORY

16-19

CATEGORY PLACING

11

OVERALL PLACING

253

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Coughing required

>>>>>  
catfish