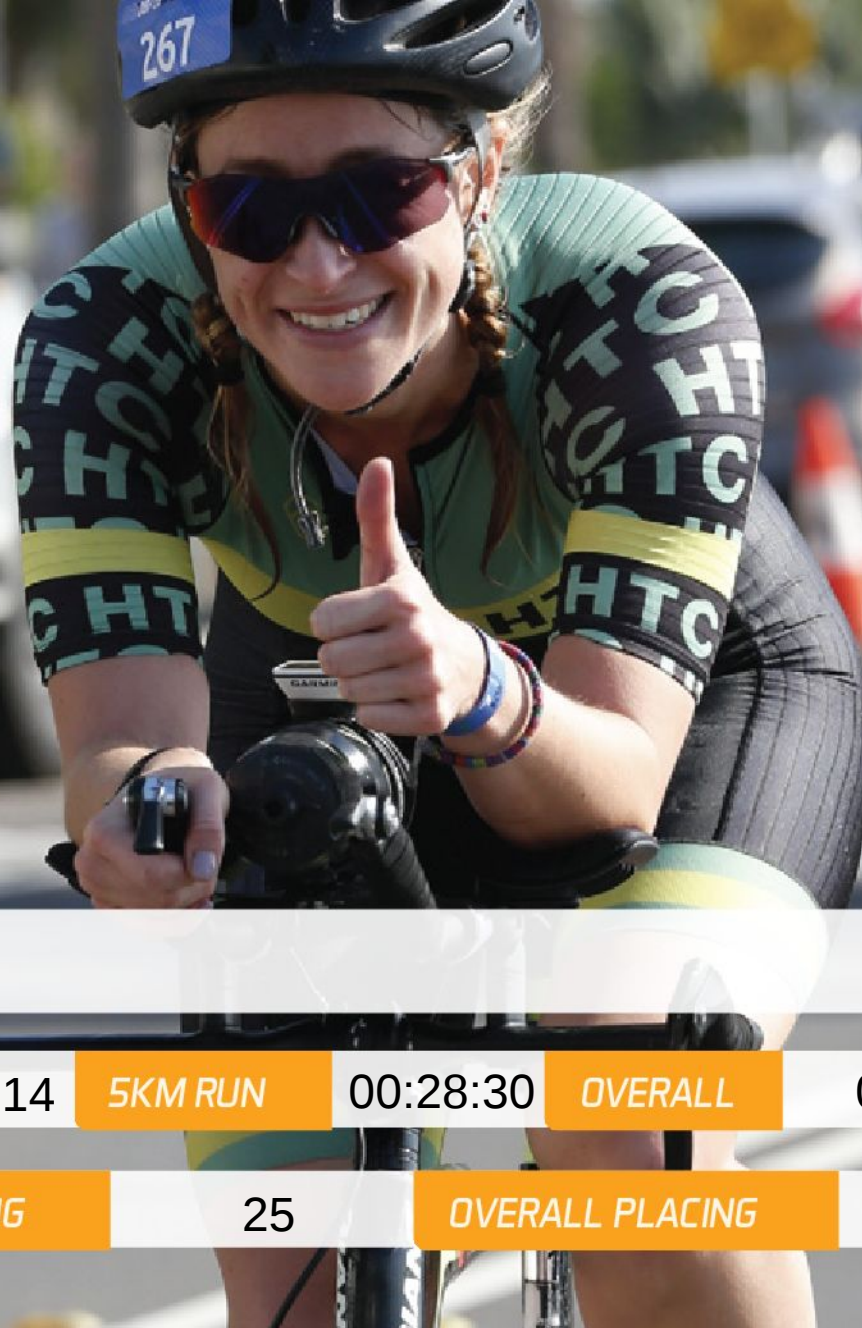




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Ian EBBINK

750M SWIM	00:27:32	20KM BIKE	00:41:14	5KM RUN	00:28:30	OVERALL	01:45:18
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CATEGORY	40-44	CATEGORY PLACING	25	OVERALL PLACING	409
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POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish