

# AUSTRALIAN ALPINE ASCENT 3.113.22

Mount  
Kosciuszko

*Congratulations!*

James BONAMY

FOR COMPLETING THE EXTREME DISTANCE TRIATHLON

*As part of the Australian Alpine Ascent 12 March 2022*

00:38:20

3KM SWIM SPLIT

04:54:53

113KM BIKE SPLIT

02:23:33

22KM RUN SPLIT

08:07:16

OVERALL TIME

40-49

CATEGORY

4

CATEGORY PLACING

20

OVERALL PLACING

fisiocrem

RYDGES  
SMART HOUSING

KIND

Revvies  
ENERGY STRIPS

ATHLETIC BREWING CO.  
BREWING SINCE 1994

McDonald's

Peoplecare

soto  
Everything is possible

KOSCIUSZKO  
CHALET HOTEL  
CHARLOTTE PASS - AUSTRALIA

POWERADE

catfish