

# CONGRATULATIONS!

Estelle LIFRAN

**FOR COMPLETING THE SPRINT DUATHLON**

*As part of the Canberra Duathlon 11<sup>th</sup> June 2022*

00:24:50

5KM RUN

00:48:56

20KM BIKE

00:12:27

2.5KM RUN

01:28:28

OVERALL RACE TIME

45-49

CATEGORY

1

CATEGORY PLACING

43

OVERALL PLACING