

CONGRATULATIONS!

Rhys MILES

FOR COMPLETING THE SPRINT DUATHLON

As part of the Canberra Duathlon 11th June 2022

00:28:01

5KM RUN

00:42:35

20KM BIKE

00:15:09

2.5KM RUN

01:29:49

OVERALL RACE TIME

30-34

CATEGORY

4

CATEGORY PLACING

49

OVERALL PLACING