

CONGRATULATIONS!

Karina Frangos

FOR COMPLETING THE SPRINT DUATHLON

As part of the Canberra Duathlon 11th June 2022

00:20:27

5KM RUN

00:36:57

20KM BIKE

00:10:56

2.5KM RUN

01:10:41

OVERALL RACE TIME

25-29

CATEGORY

1

CATEGORY PLACING

3

OVERALL PLACING