

CONGRATULATIONS!

Lyndell VAN DE WALLE

FOR COMPLETING THE STANDARD DUATHLON

As part of the Canberra Duathlon 11th June 2022

00:51:10

10KM RUN

01:18:08

40KM BIKE

00:27:42

5KM RUN

02:40:31

OVERALL RACE TIME

50-54

CATEGORY

4

CATEGORY PLACING

61

OVERALL PLACING