

CONGRATULATIONS!

Ryan Chappell

FOR COMPLETING THE STANDARD DUATHLON

As part of the Canberra Duathlon 11th June 2022

00:39:00

10KM RUN

01:11:54

40KM BIKE

00:22:05

5KM RUN

02:15:26

OVERALL RACE TIME

35-39

CATEGORY

5

CATEGORY PLACING

29

OVERALL PLACING