

# CONGRATULATIONS!

Georgina PEMBROKE

FOR COMPLETING THE STANDARD DUATHLON

*As part of the Canberra Duathlon 11<sup>th</sup> June 2022*

00:40:04

10KM RUN

01:12:22

40KM BIKE

00:20:44

5KM RUN

02:15:26

OVERALL RACE TIME

30-34

CATEGORY

1

CATEGORY PLACING

30

OVERALL PLACING