

The background of the poster is a scenic photograph of a coastal road. In the foreground, a cyclist (Carmen Fay) is riding a yellow and black triathlon bike on a paved road that curves along a sandy beach. The cyclist is wearing a blue and black triathlon suit, a white helmet, and is in a crouched aerodynamic position. In the distance, another cyclist is visible further down the road. The beach is wide and sandy, with gentle waves breaking on the shore. Tall, thin pine trees line the left side of the road, and a few more are scattered on the right. The sky is blue with scattered white clouds. The overall atmosphere is bright and sunny, typical of a coastal summer day.

**NATIONAL
STORAGE**

IRONMAN®
70.3® PORT MACQUARIE

1 MAY 2022

FINISHER Carmen Fay

SWIM	00:46:36	BIKE	03:29:24	RUN	02:26:10	OVERALL	06:50:10
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AGE GROUP	40-44	AGE GROUP RANKING	29	OVERALL RANKING	686
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ANYTHING IS POSSIBLE