



NATIONAL
STORAGE

IRONMAN
AUSTRALIA

PORT MACQUARIE

OCEANIA TRICLUB CHAMPIONSHIP

1 MAY 2022



FINISHER Fred VAN DER TANG

SWIM	01:36:44	BIKE	05:32:09	RUN	04:19:31	OVERALL	11:46:01
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AGE GROUP	55-59	AGE GROUP RANKING	12	OVERALL RANKING	389
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YOU ARE AN IRONMAN!