

**CONGRATULATIONS!**

**Paul HANNELL**

**FOR COMPLETING THE SPRINT DISTANCE TRIATHLON**

*As part of the Nepean Triathlon 6<sup>th</sup> April 2024*

00:14:56

750M SWIM SPLIT

00:35:55

20KM BIKE SPLIT

00:28:44

5KM RUN SPLIT

01:22:59

OVERALL TIME

60-64

CATEGORY

13

CATEGORY PLACING

183

OVERALL PLACING