



**IN CONJUNCTION  
WITH THE WORLD'S  
TOUGHEST HALF  
MARATHON**

**COMPLETED THE  
POINT TO PUB RUN IN  
PAUL DANNOCK**

**GUN TIME: 01:01:39**

**NET TIME: 01:01:22**

**CATEGORY: 45-49**

**CATEGORY PLACE: 6**

PHOTO CREDIT: JASON CHARLES HILL



**MERCURY**



**LIPSCOMBE LARDER**  
A World of Fine Foods



**BioPak**  
It doesn't cost the earth



**Collins SBA**  
COMPLETE WEALTH SPECIALIST