

Nowra Toyota



**TRI HUSKY**  
6 - 7 NOVEMBER 2021

**2021 FINISHER**

**CONGRATULATIONS!**

**John VAN OMMEN**

**FOR COMPLETING THE STANDARD DISTANCE TRIATHLON**

*As part of the Huskisson Triathlon Festival 6<sup>th</sup> November 2021*

00:26:28

**1.5KM SWIM SPLIT**

01:15:55

**40KM BIKE SPLIT**

00:54:15

**10KM RUN SPLIT**

02:40:46

**OVERALL TIME**

45-49

**CATEGORY**

11

**CATEGORY PLACING**

233

**OVERALL PLACING**

Shoalhaven  
SOUTH COAST - NSW

Shoalhaven  
**WATER**

fisiocrem

Peoplecare

POWERADE

McDonald's  
i'm lovin' it

soto

ZOGGS

KIND

Revvies  
ENERGY STRIPS

catfish