

Lynda FORD

FINISHED THE 2021 PORT STEPHENS SPRINT TRIATHLON

As part of the Port Stephens Triathlon Festival

May 8, 2021

00:11:33	00:45:06	00:28:03	01:27:40	
2K SAND RUN	20KM BIKE	5KM RUN	OVERALL TIME	
45-49	10		340	
CATEGORY	CATEGORY	PLACING	OVERALL PLACING	3









