

## Nicola PROUD

## FINISHED THE 2021 PORT STEPHENS SPRINT TRIATHLON

As part of the Port Stephens Triathlon Festival

May 8, 2021

00:10:34	00:48:00	00:23:59	01:25:15	
2K SAND RUN	20KM BIKE	5KM RUN	OVERALL TIME	
30-34	17		308	
CATEGORY	CATEGORY	PLACING	OVERALL PLACING	G









