

unisport nationals
TRIPORT
STEPHENS

James RYDER

**FINISHED THE 2021 PORT STEPHENS
STANDARD TRIATHLON**

As part of the Port Stephens Triathlon Festival
May 8, 2021

00:19:11
4K SAND RUN

01:07:22
37KM BIKE

00:43:52
10KM RUN

02:12:56
OVERALL TIME

35-39
CATEGORY

3
CATEGORY PLACING

53
OVERALL PLACING