

# CONGRATULATIONS!

Emma CARTER

FOR COMPLETING THE SUPER SPRINT DISTANCE TRIATHLON

*As part of the Port Stephens Triathlon 13<sup>th</sup> May 2023*

00:07:55

200M SWIM SPLIT

00:22:23

10KM BIKE SPLIT

00:10:46

2KM RUN SPLIT

00:44:17

OVERALL TIME

12-13

CATEGORY

2

CATEGORY PLACING

20

OVERALL PLACING