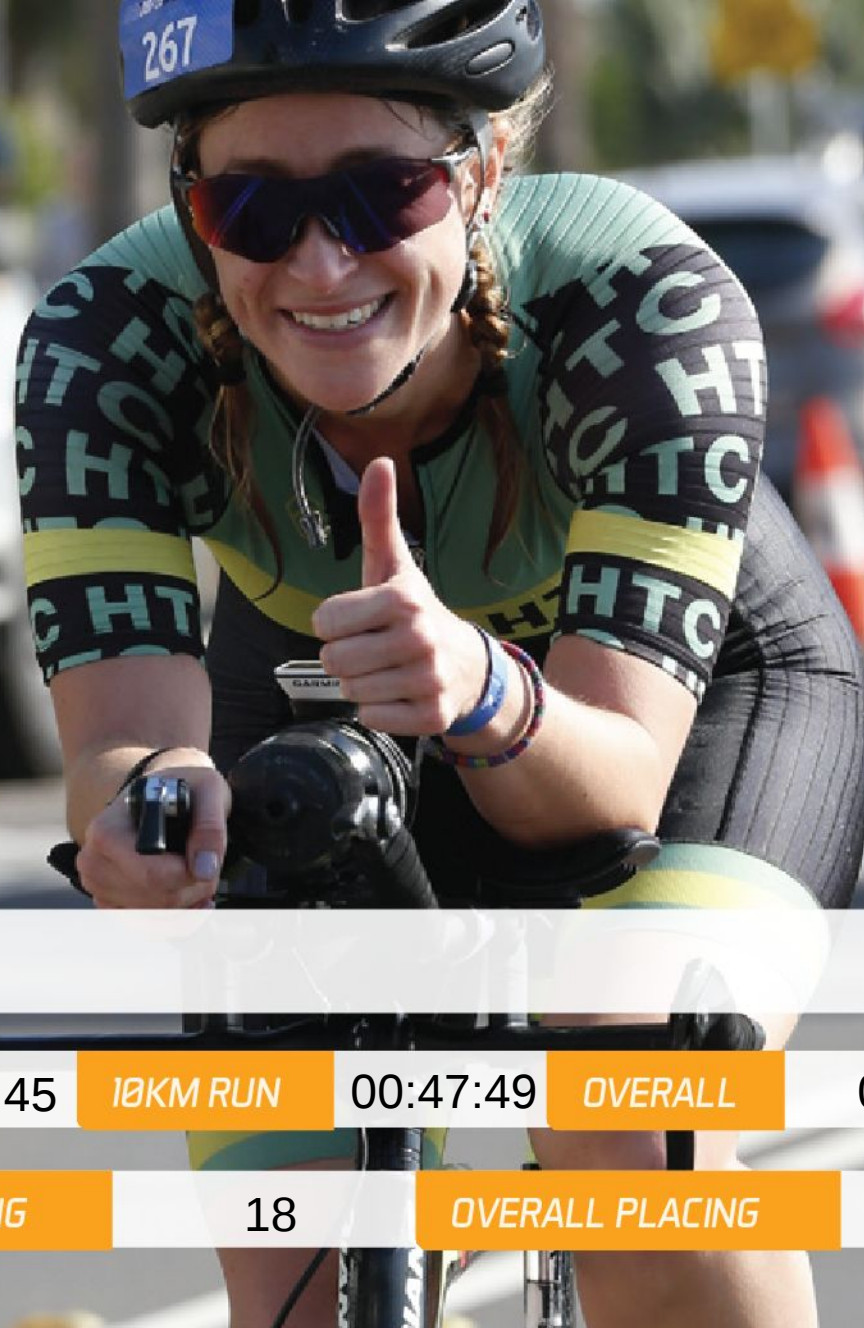




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Matthew FOLEY

1.5KM SWIM

00:25:19

40KM BIKE

01:06:45

10KM RUN

00:47:49

OVERALL

02:24:27

CATEGORY

30-34

CATEGORY PLACING

18

OVERALL PLACING

41

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your space

catfish