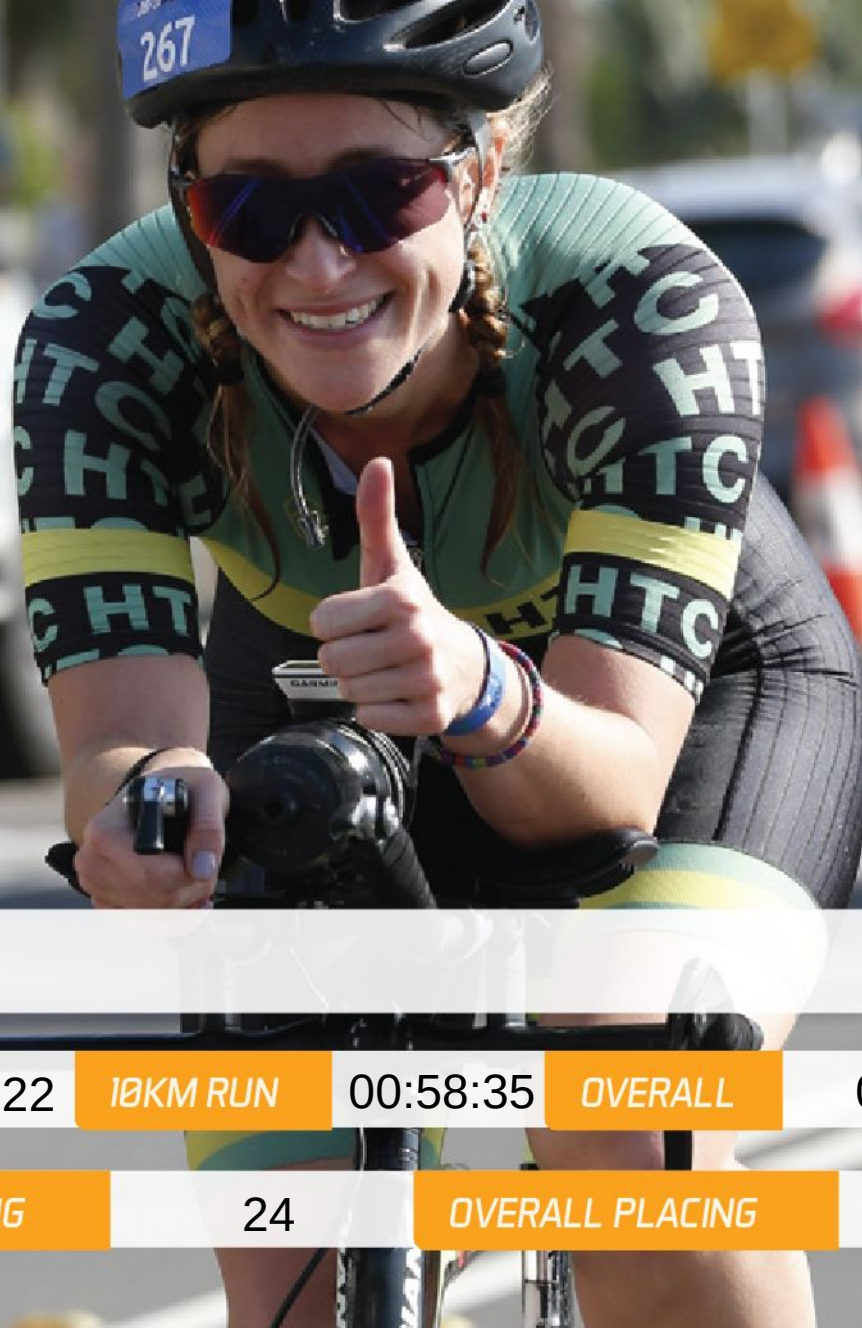




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Madox FOSTER

1.5KM SWIM

00:34:23

40KM BIKE

01:08:22

10KM RUN

00:58:35

OVERALL

02:47:27

CATEGORY

35-39

CATEGORY PLACING

24

OVERALL PLACING

156

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
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KIND

soto
Crafting your space

catfish