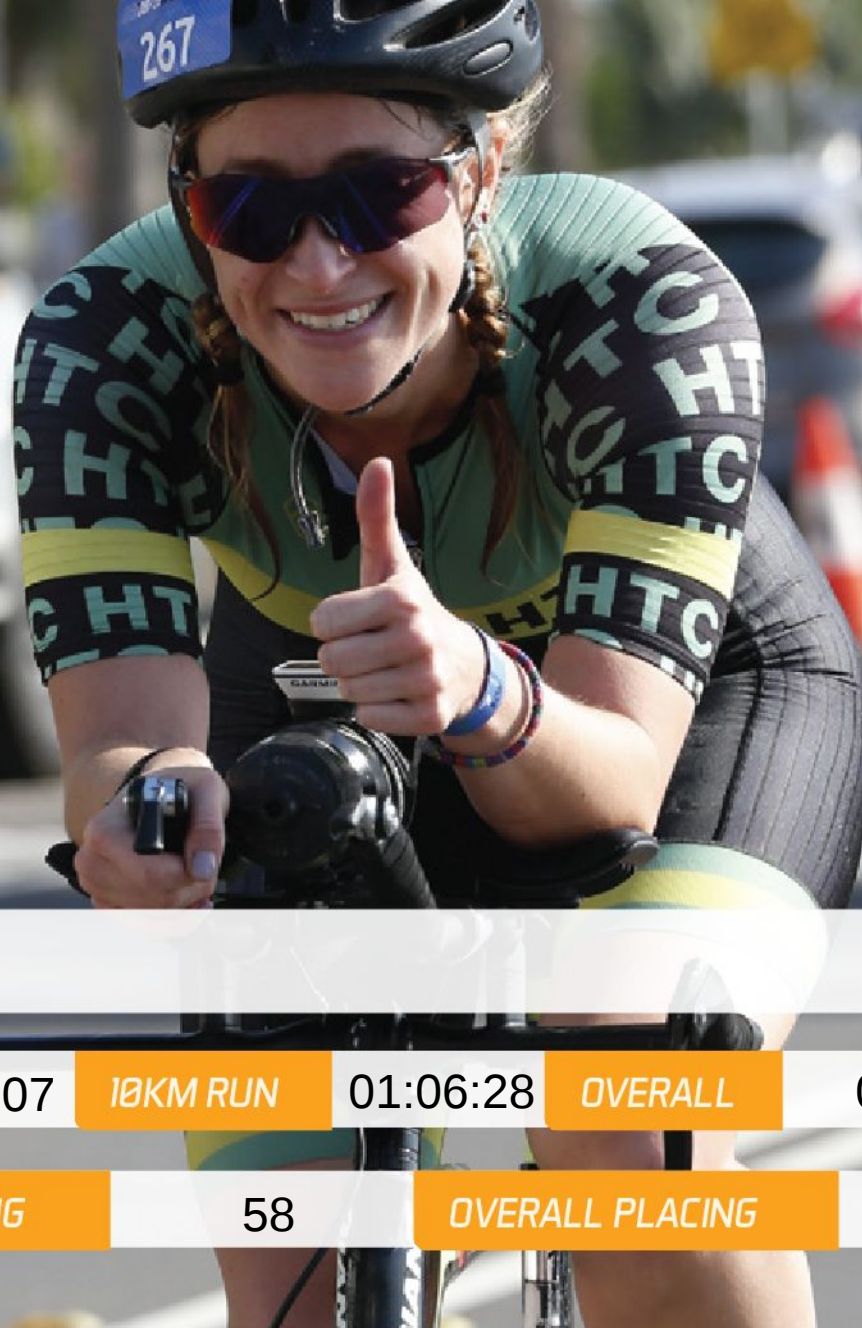




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Nicholas GLEN

1.5KM SWIM

00:33:26

40KM BIKE

01:33:07

10KM RUN

01:06:28

OVERALL

03:21:07

CATEGORY

30-34

CATEGORY PLACING

58

OVERALL PLACING

305

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
Crafting your space

catfish