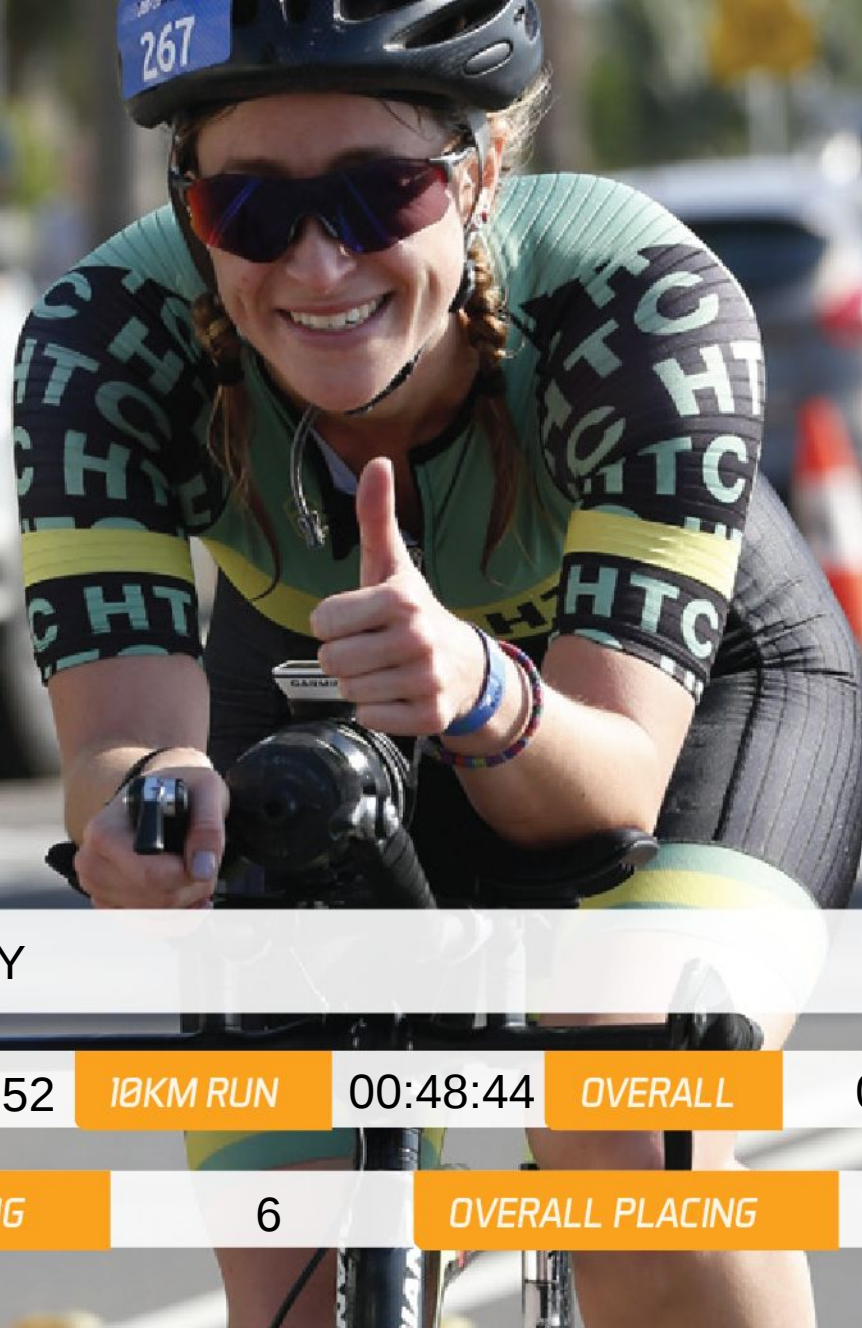




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Lachlan HENSLEY

1.5KM SWIM

00:29:15

40KM BIKE

01:16:52

10KM RUN

00:48:44

OVERALL

02:41:36

CATEGORY

20-24

CATEGORY PLACING

6

OVERALL PLACING

112

POWERADE.

Destination
WOLLONGONG

Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
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KIND

soto
Crafting your space

catfish