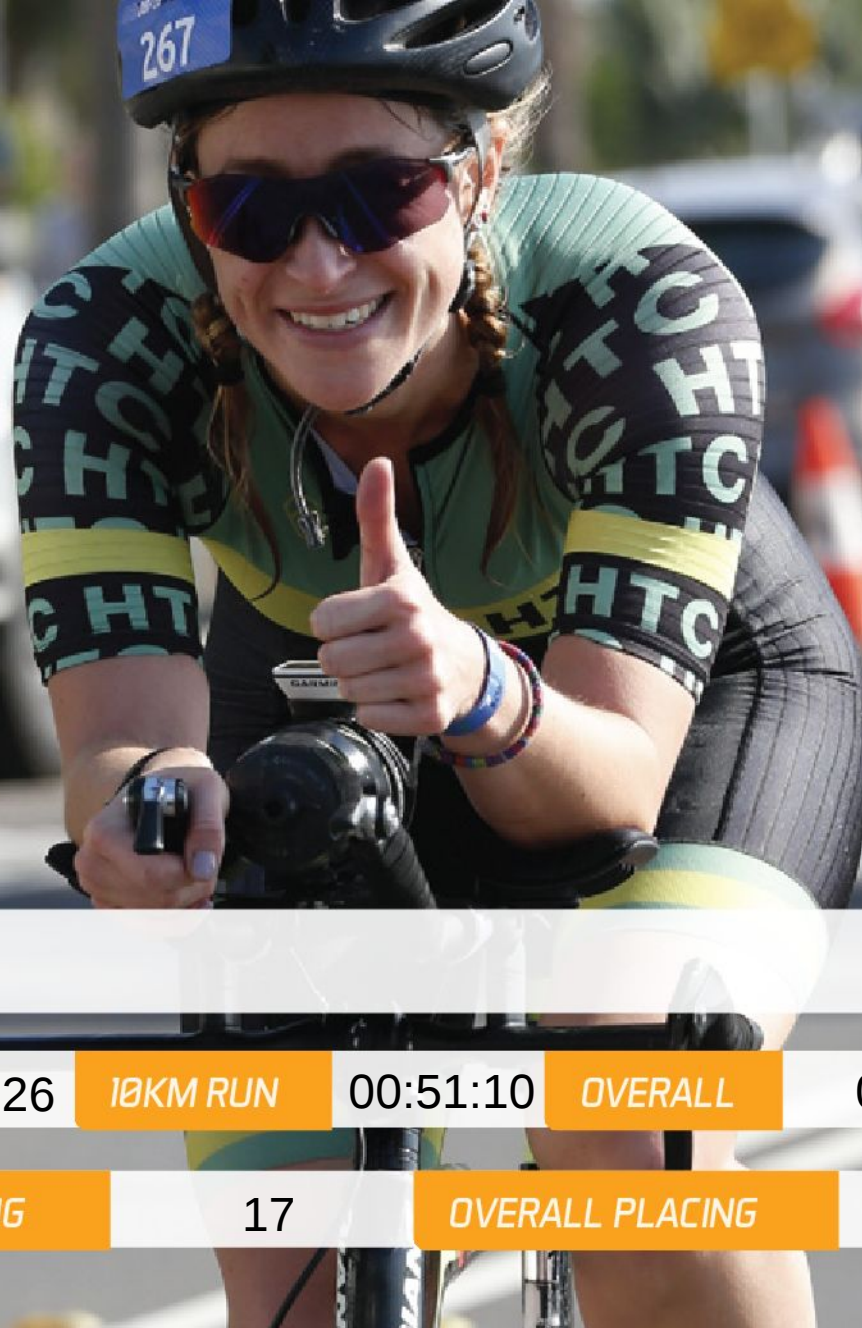




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Luke KOHLER

1.5KM SWIM

00:35:41

40KM BIKE

01:09:26

10KM RUN

00:51:10

OVERALL

02:43:39

CATEGORY

35-39

CATEGORY PLACING

17

OVERALL PLACING

124

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
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soto
Crafting your space

catfish