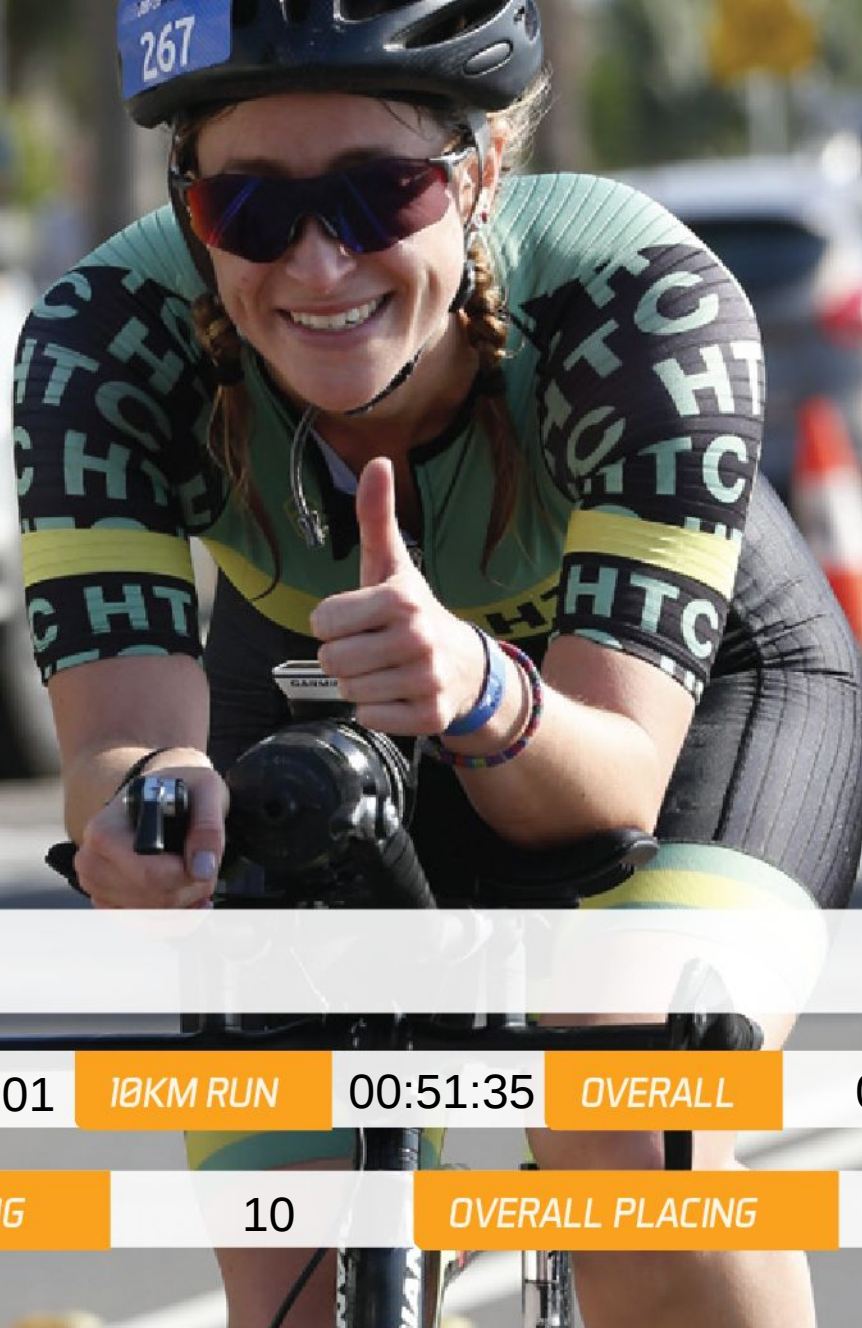




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Daniel LAING

1.5KM SWIM

00:26:51

40KM BIKE

01:19:01

10KM RUN

00:51:35

OVERALL

02:46:22

CATEGORY

20-24

CATEGORY PLACING

10

OVERALL PLACING

145

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
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KIND

soto
Crafting your space

catfish