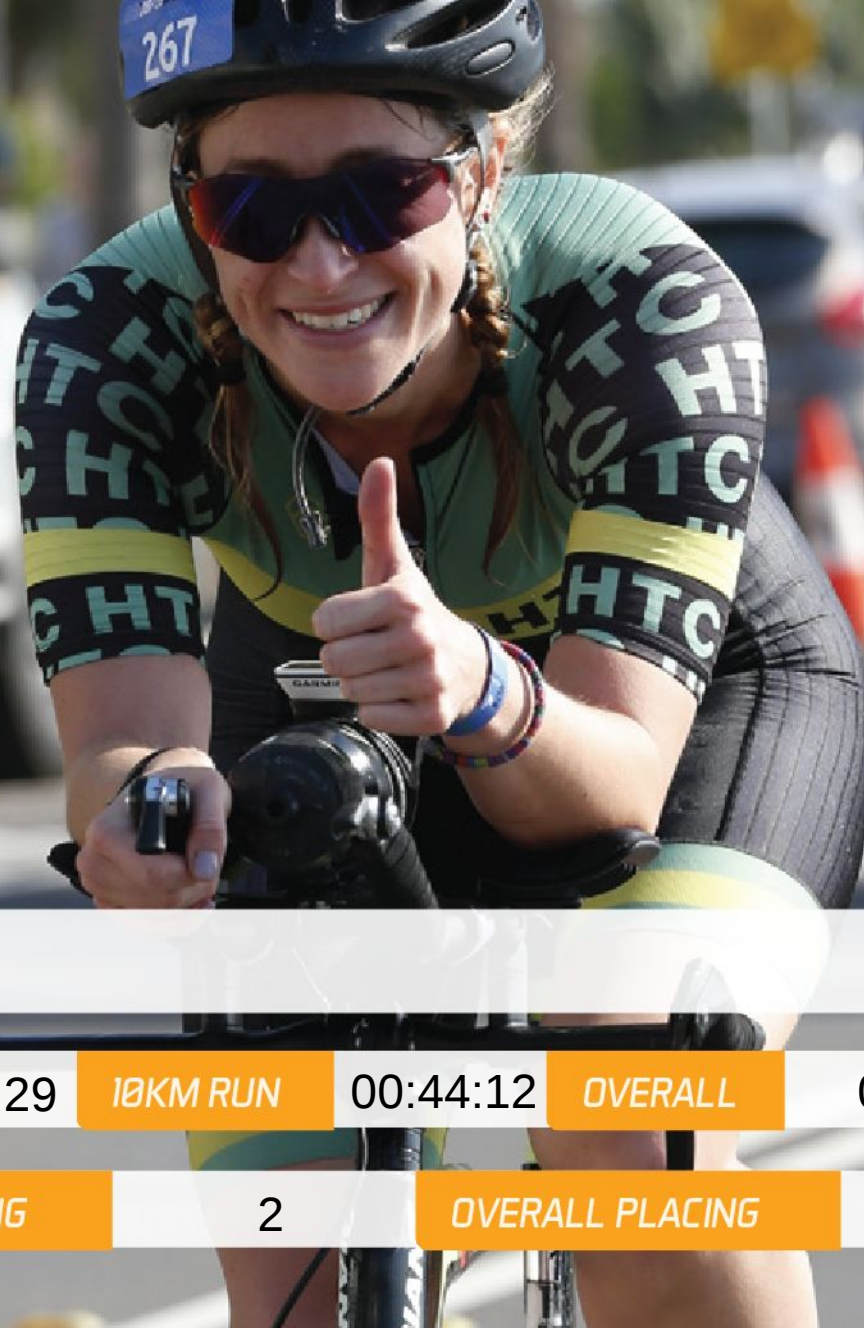




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Tim LINDOP

1.5KM SWIM

00:26:37

40KM BIKE

01:05:29

10KM RUN

00:44:12

OVERALL

02:20:56

CATEGORY

50-54

CATEGORY PLACING

2

OVERALL PLACING

34

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

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Crafting your personal

catfish