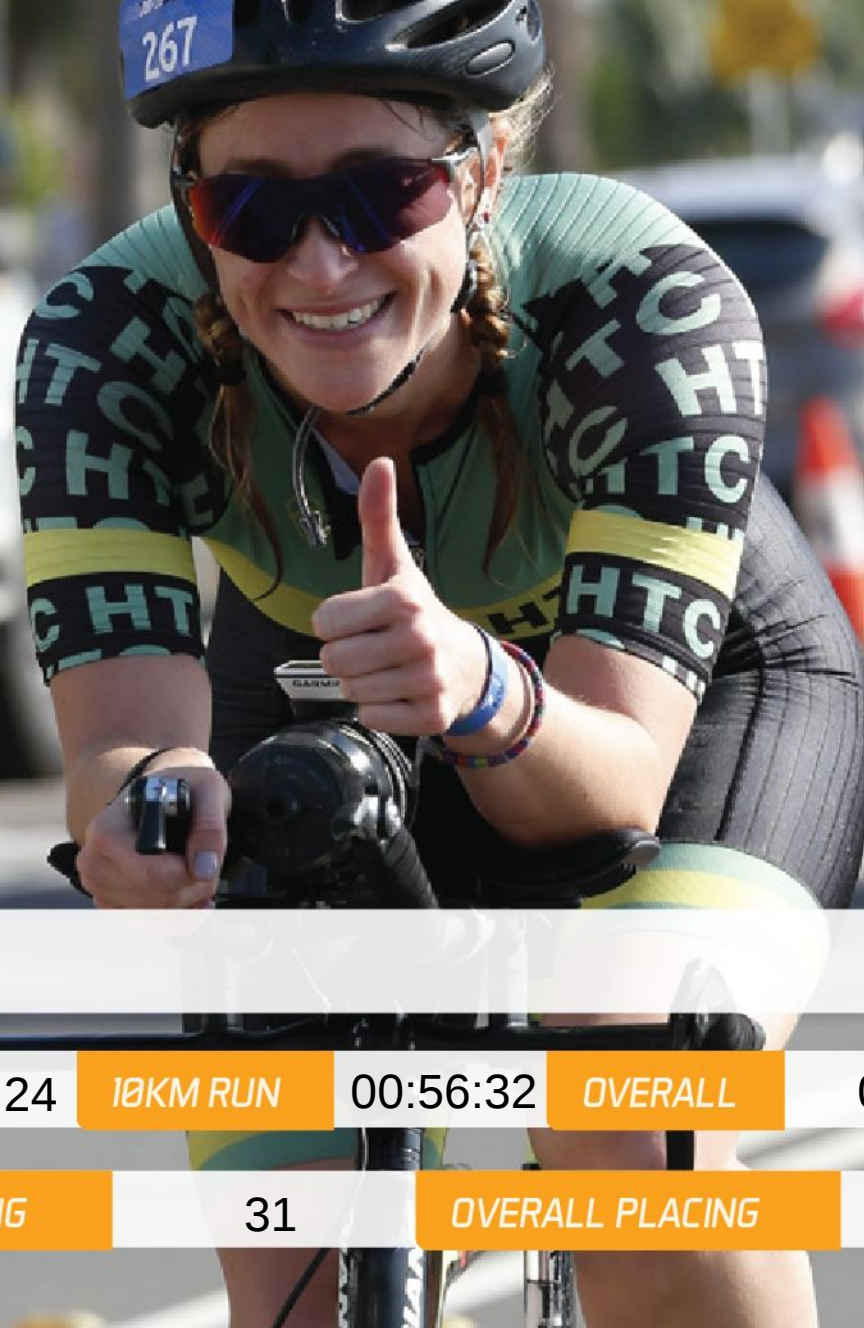




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Diego MAIA

1.5KM SWIM

00:31:28

40KM BIKE

01:25:24

10KM RUN

00:56:32

OVERALL

02:59:28

CATEGORY

35-39

CATEGORY PLACING

31

OVERALL PLACING

228

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your personal

catfish