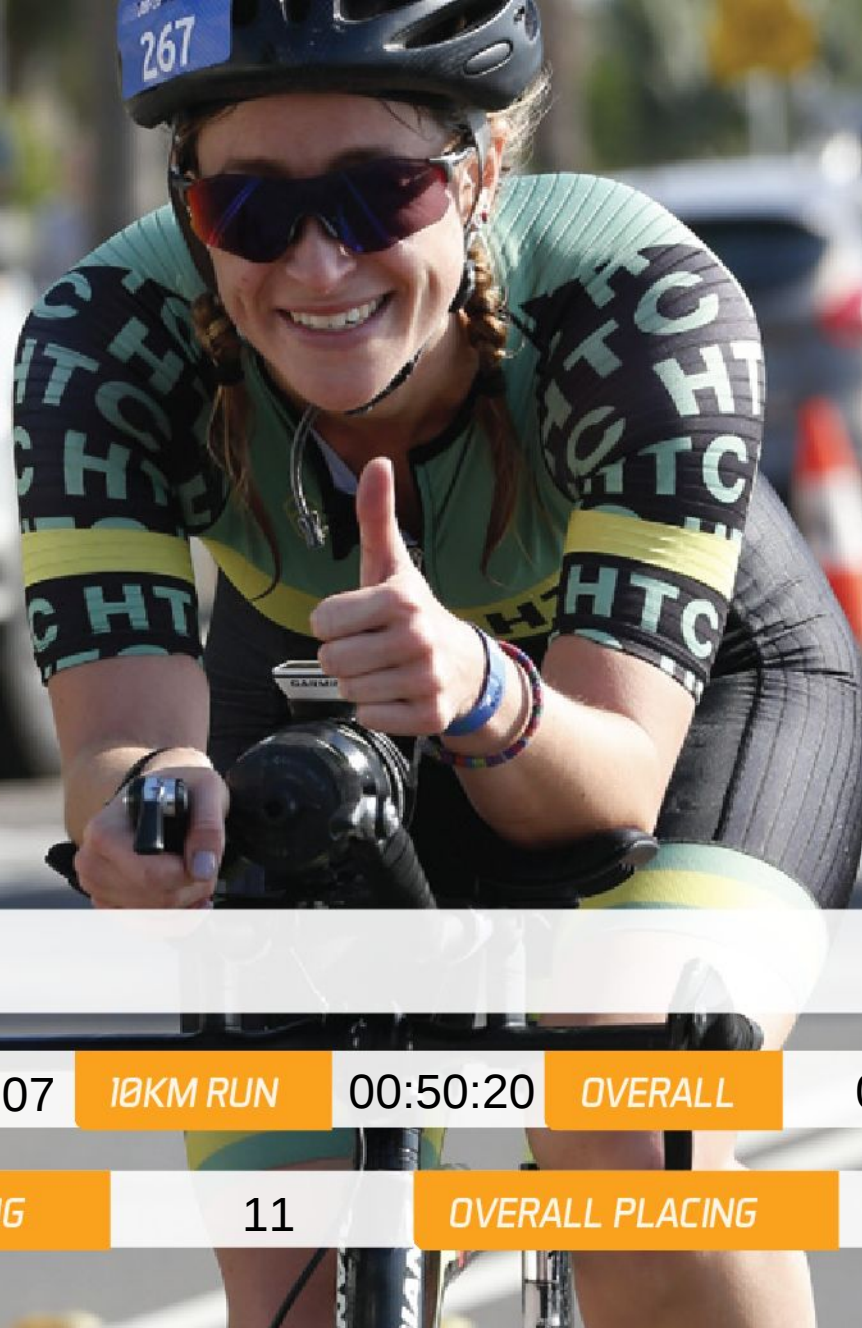




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Max MILLS

1.5KM SWIM

00:33:36

40KM BIKE

01:16:07

10KM RUN

00:50:20

OVERALL

02:46:24

CATEGORY

20-24

CATEGORY PLACING

11

OVERALL PLACING

146

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

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PD Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
Crafting your space

catfish