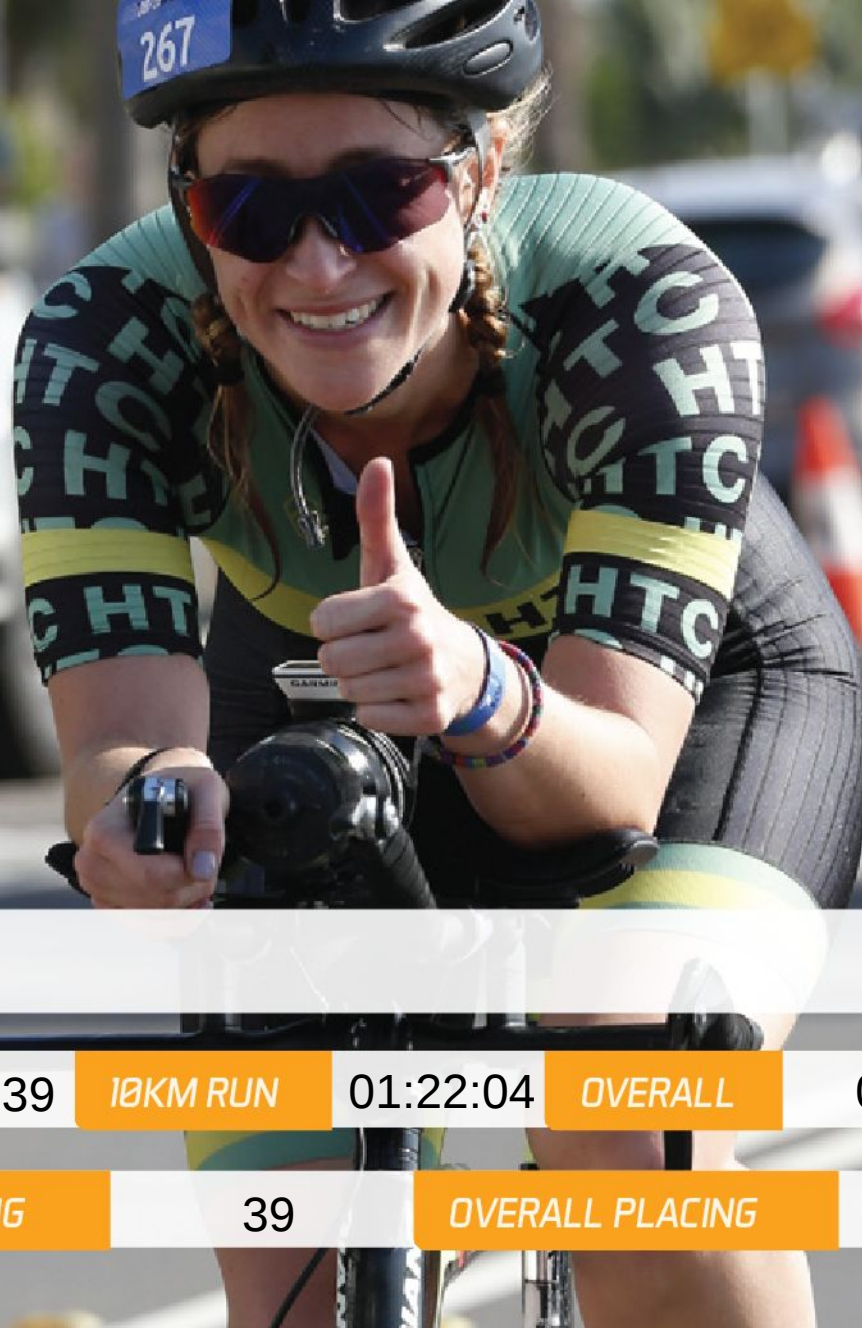




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Luke MOORE

1.5KM SWIM

00:31:27

40KM BIKE

01:31:39

10KM RUN

01:22:04

OVERALL

03:33:45

CATEGORY

25-29

CATEGORY PLACING

39

OVERALL PLACING

316

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
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KIND

soto
Crafting your space

catfish