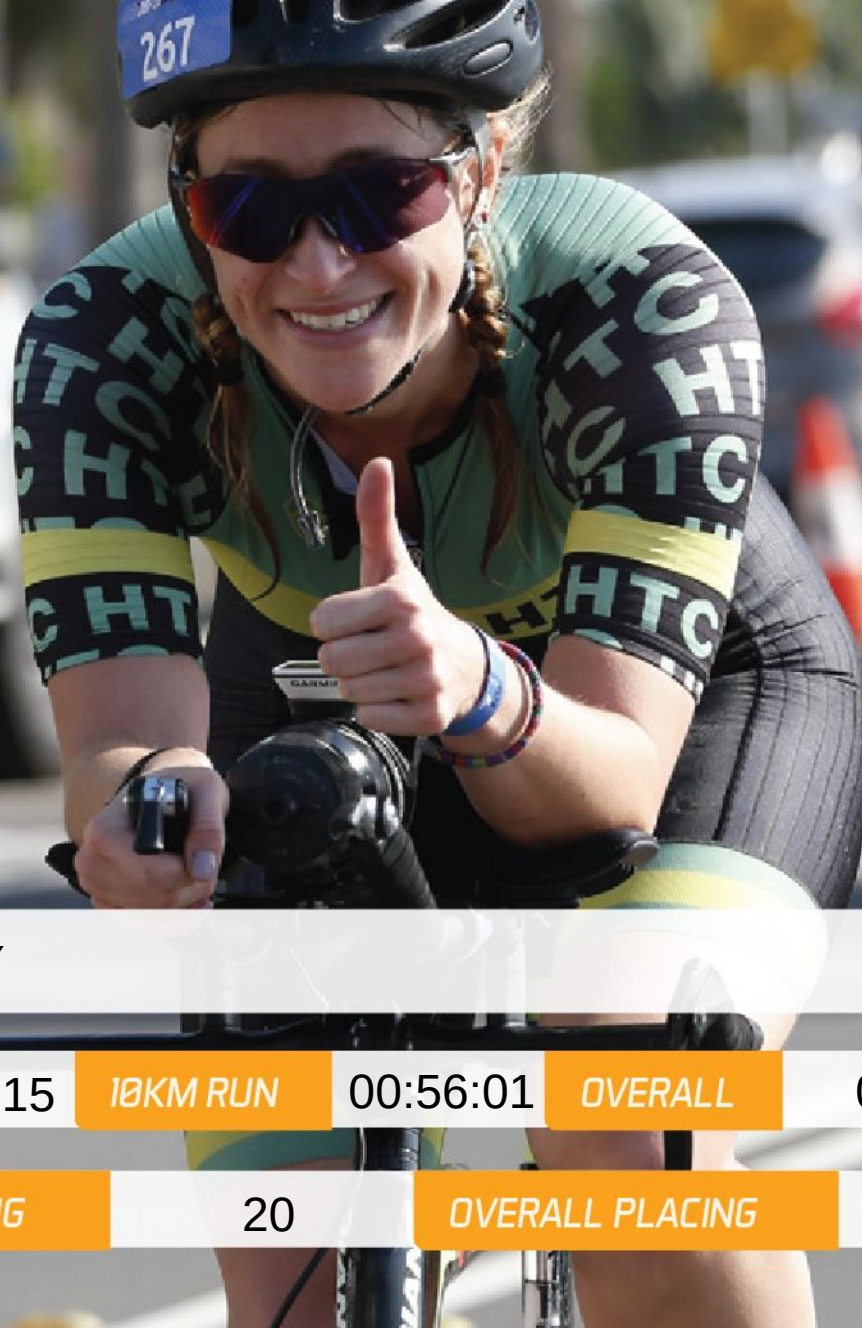




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Josh SCAMBARY

1.5KM SWIM

00:29:01

40KM BIKE

01:17:15

10KM RUN

00:56:01

OVERALL

02:48:33

CATEGORY

25-29

CATEGORY PLACING

20

OVERALL PLACING

160

POWERADE.

Destination
WOLLONGONG

Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
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KIND

soto
Crafting your space

catfish