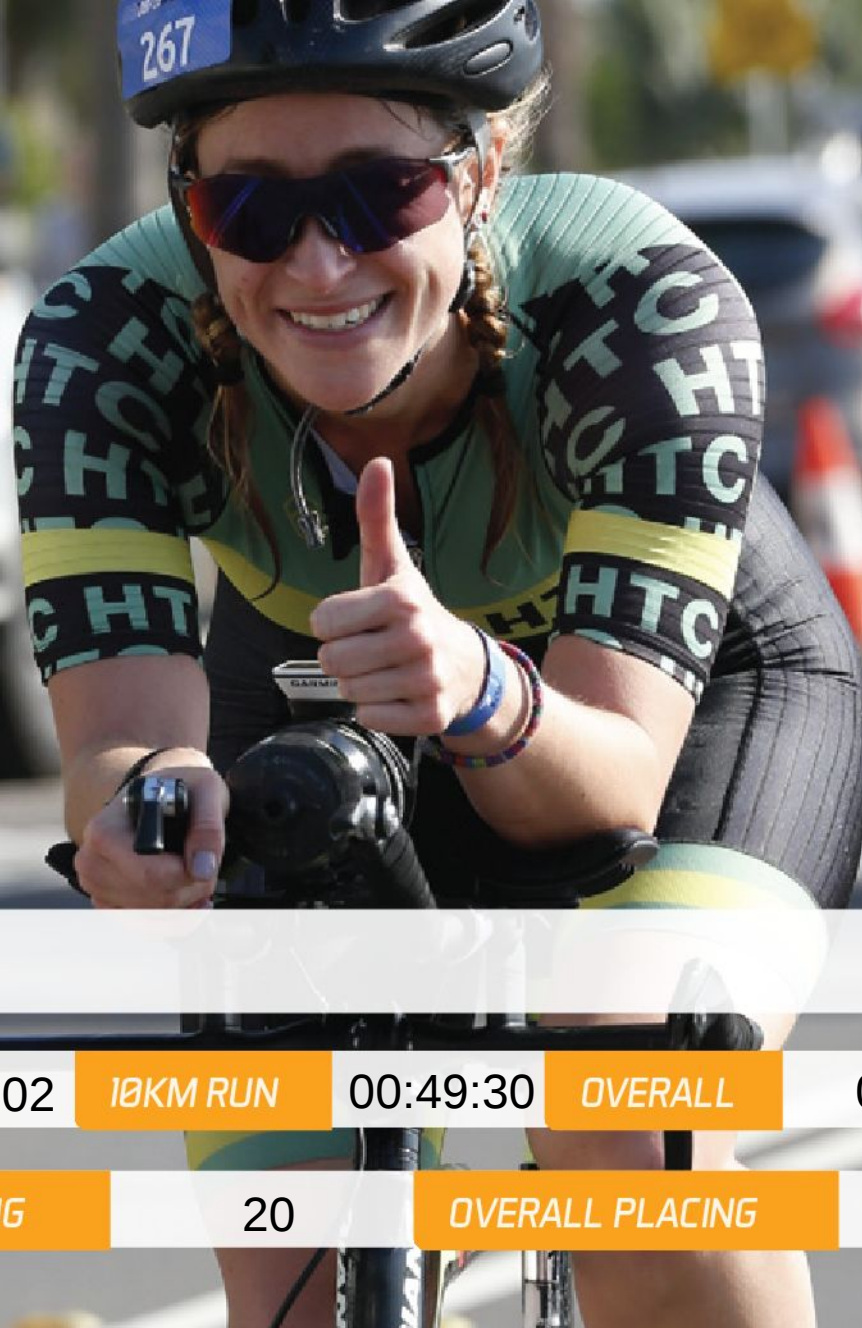




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Matt ZIETSCH

1.5KM SWIM

00:28:40

40KM BIKE

01:04:02

10KM RUN

00:49:30

OVERALL

02:26:35

CATEGORY

30-34

CATEGORY PLACING

20

OVERALL PLACING

45

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

McDonald's
i'm lovin' it™

KIND

soto
Crafting your space

catfish