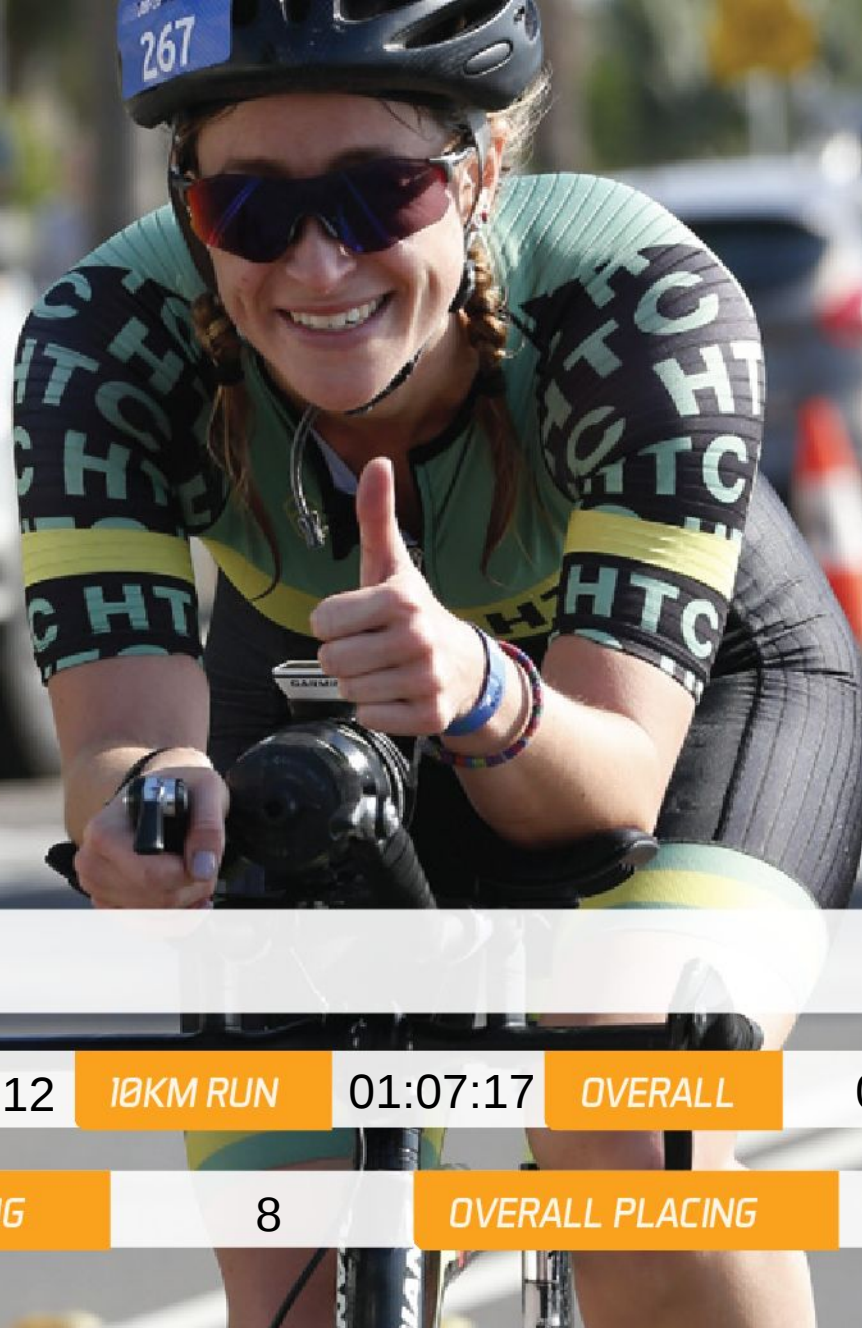




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Lauren BROWN

1.5KM SWIM

00:31:21

40KM BIKE

01:28:12

10KM RUN

01:07:17

OVERALL

03:14:38

CATEGORY

30-34

CATEGORY PLACING

8

OVERALL PLACING

286

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your space

catfish