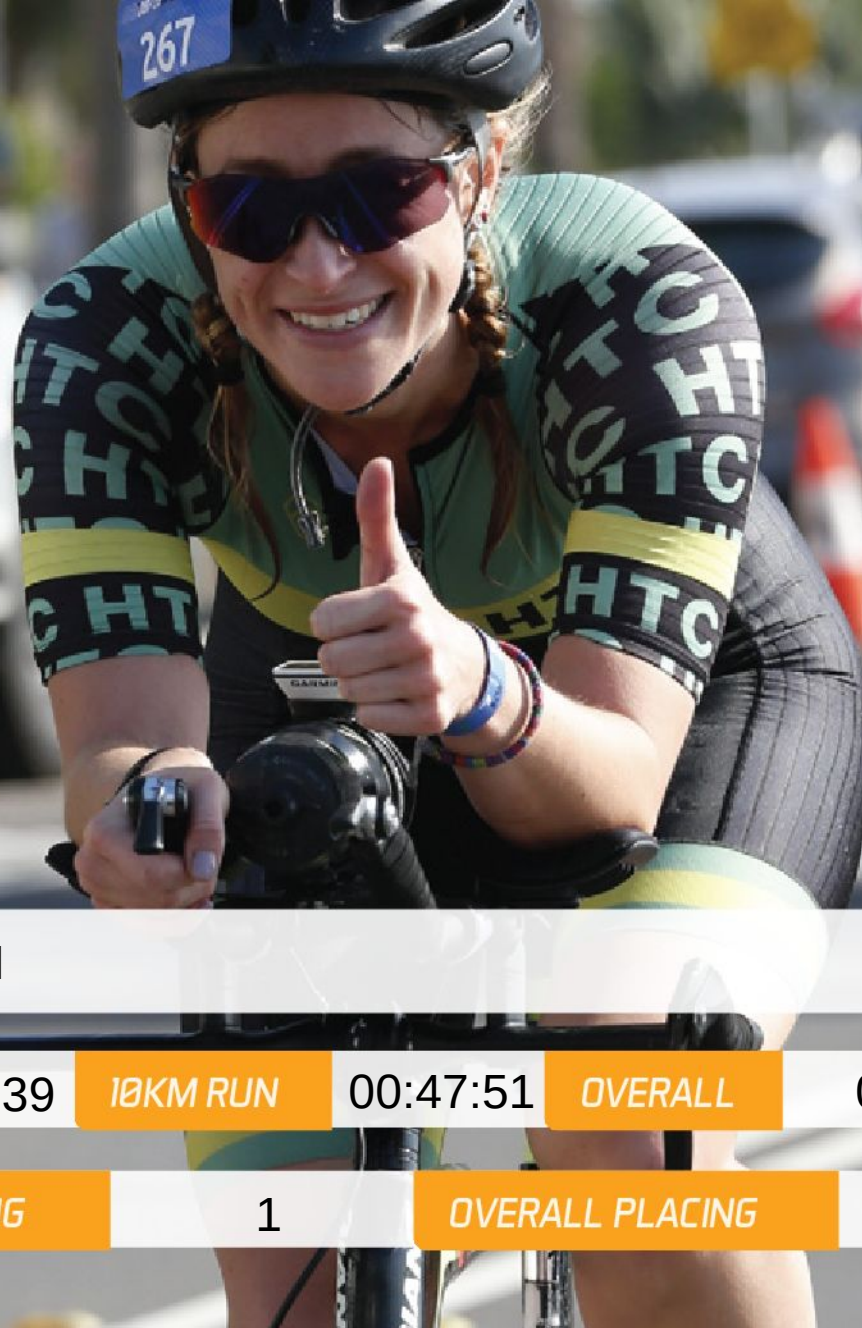




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Lisa MARANGON

1.5KM SWIM

00:22:13

40KM BIKE

01:03:39

10KM RUN

00:47:51

OVERALL

02:18:35

CATEGORY

40-44

CATEGORY PLACING

1

OVERALL PLACING

28

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEVS

Mc
i'm lovin' it™

KIND

soto
Crafting your space

catfish