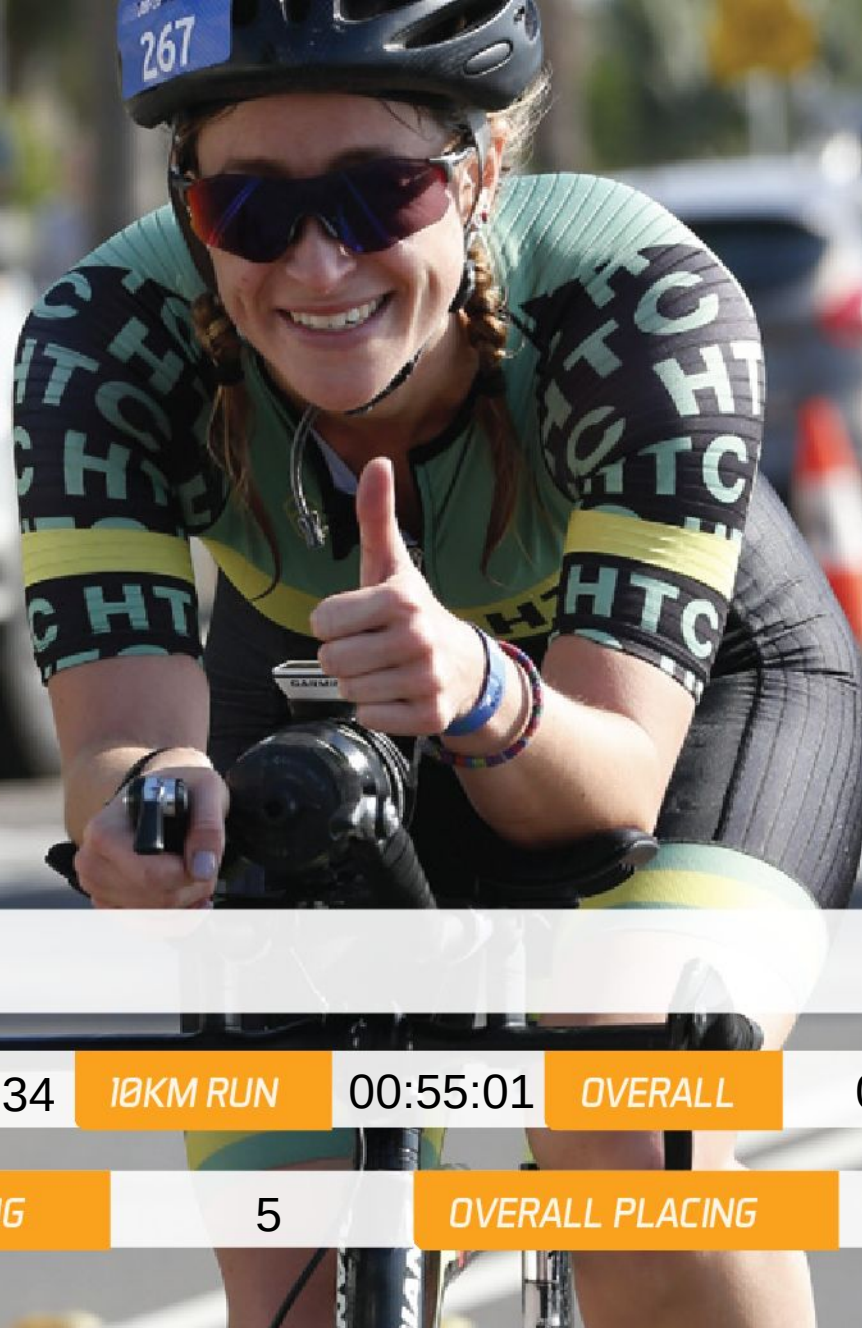




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Amanda MILLER

1.5KM SWIM

00:35:35

40KM BIKE

01:13:34

10KM RUN

00:55:01

OVERALL

02:50:32

CATEGORY

30-34

CATEGORY PLACING

5

OVERALL PLACING

173

POWERADE.

Destination
WOLLONGONG

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Peoplecare

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Management

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soto
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catfish