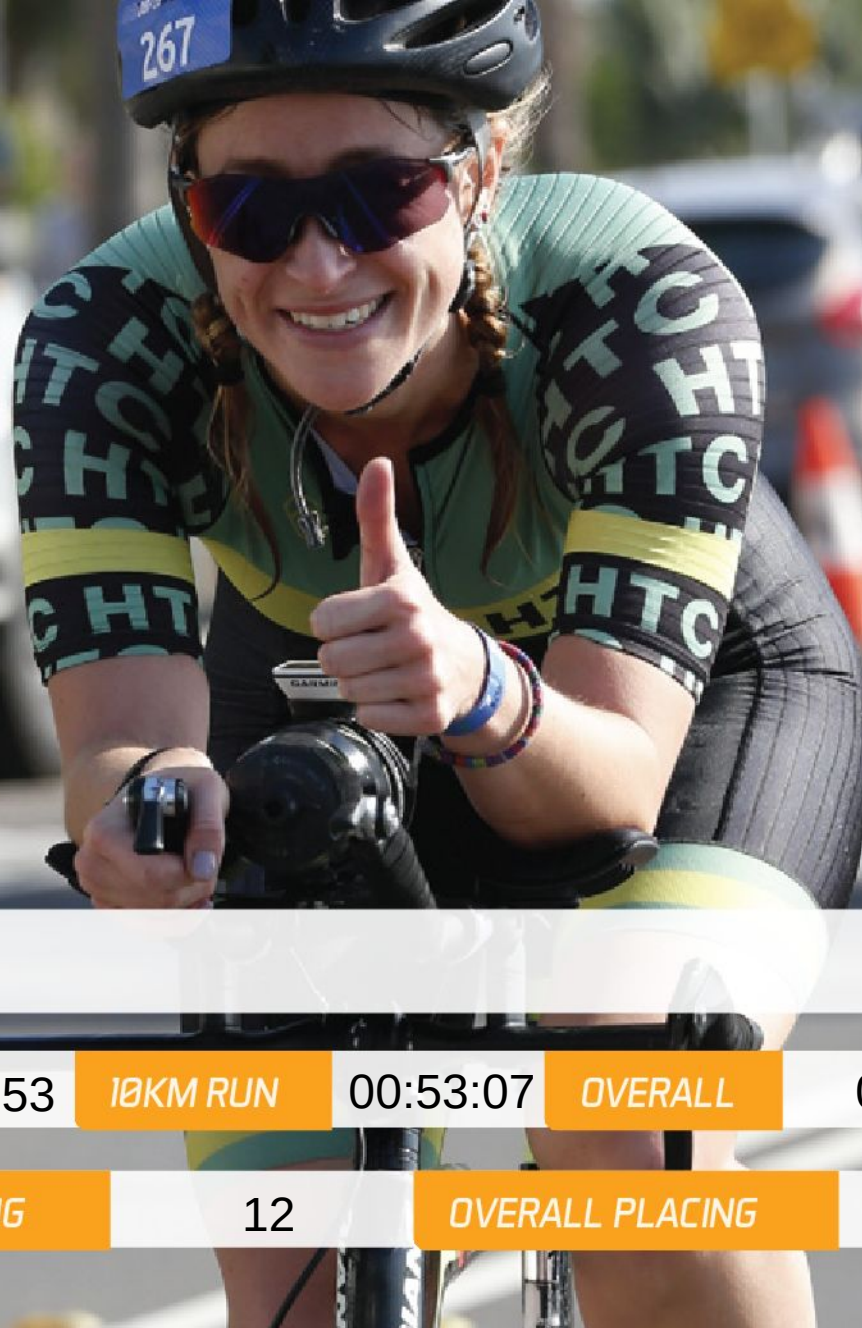




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Rory EAGLE

1.5KM SWIM

00:31:43

40KM BIKE

01:17:53

10KM RUN

00:53:07

OVERALL

02:49:16

CATEGORY

20-24

CATEGORY PLACING

12

OVERALL PLACING

168

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Crafting your space

catfish