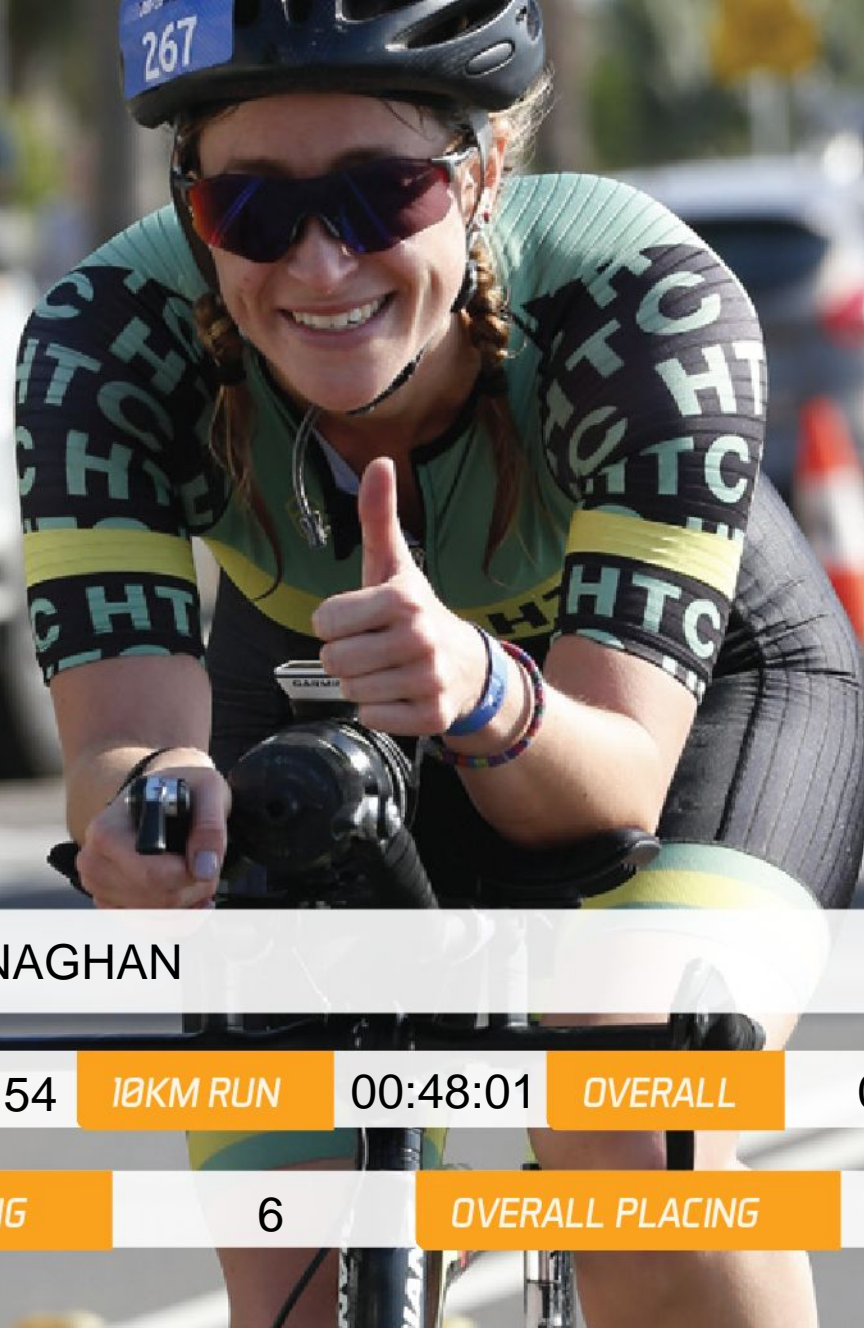




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Thomas MCCLENAGHAN

1.5KM SWIM

00:34:15

40KM BIKE

01:08:54

10KM RUN

00:48:01

OVERALL

02:36:32

CATEGORY

40-44

CATEGORY PLACING

6

OVERALL PLACING

84

POWERADE.

Destination  
WOLLONGONG

R Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic  
Management

A  
ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Crafting your space

catfish