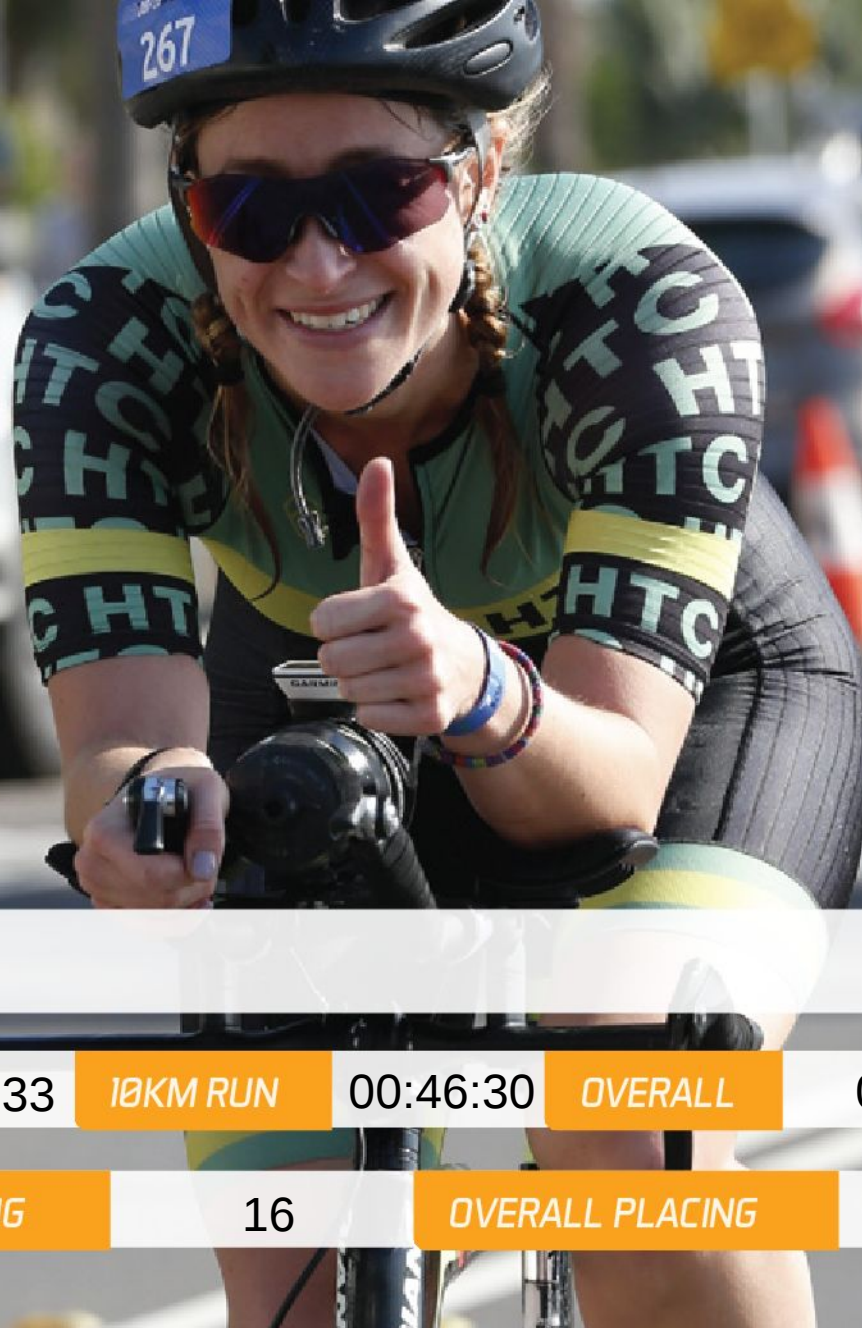




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



STANDARD

Derek DUFF

1.5KM SWIM

00:26:48

40KM BIKE

01:04:33

10KM RUN

00:46:30

OVERALL

02:21:47

CATEGORY

30-34

CATEGORY PLACING

16

OVERALL PLACING

37

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PD Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
sustainable

catfish