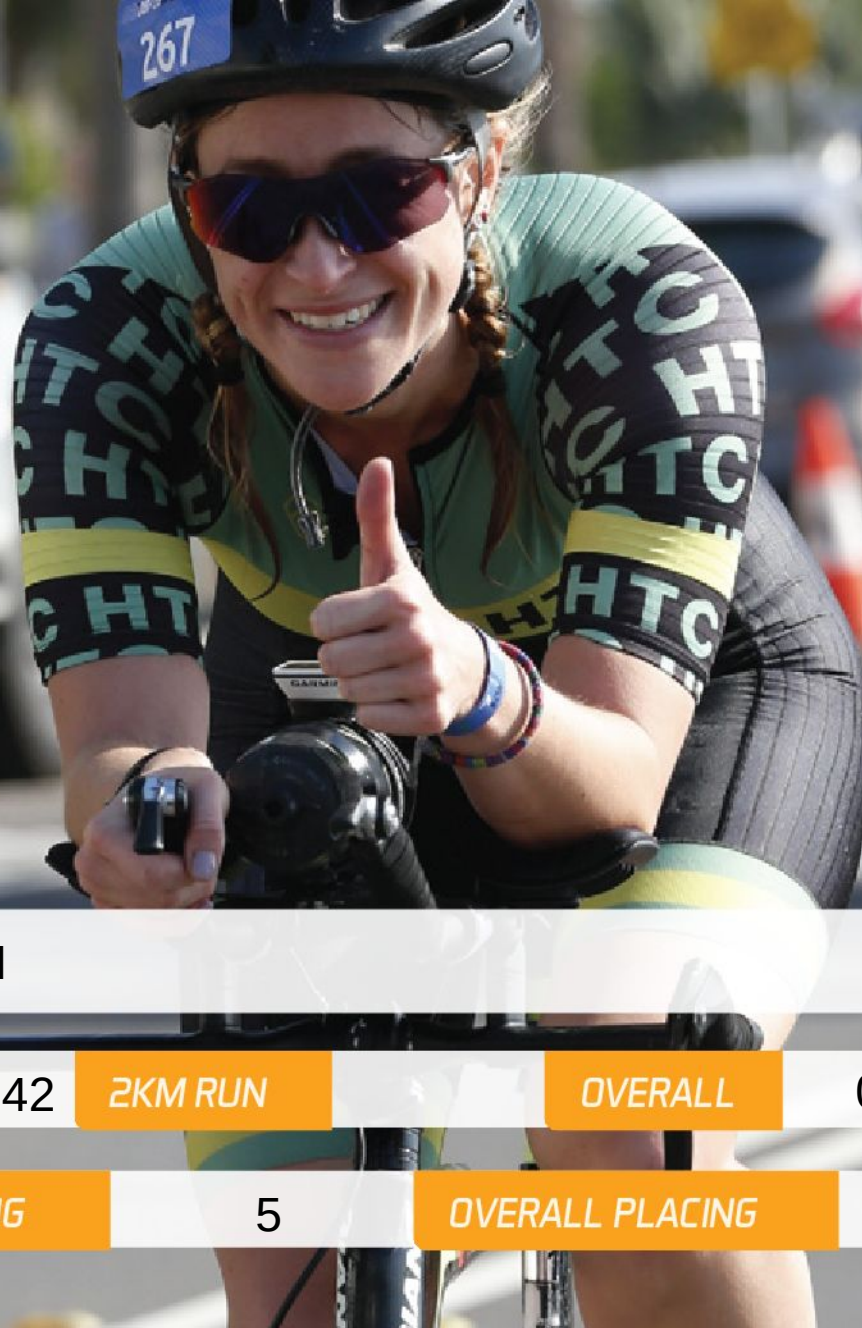




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## AQUABIKE

Cheryl FREEMAN

1.5KM SWIM

00:33:10

40KM BIKE

01:17:42

2KM RUN

OVERALL

01:54:40

CATEGORY

Open

CATEGORY PLACING

5

OVERALL PLACING

7

POWERADE.

Destination  
WOLLONGONG

Revvies  
ENERGY STRIPS™

Peoplecare

fisiocrem

ZOGGS

EY

D&B  
Traffic  
Management

ATHLETIC BREWING CO.  
NON-ALCOHOLIC BEERS

McDonald's  
i'm lovin' it

KIND

soto

catfish