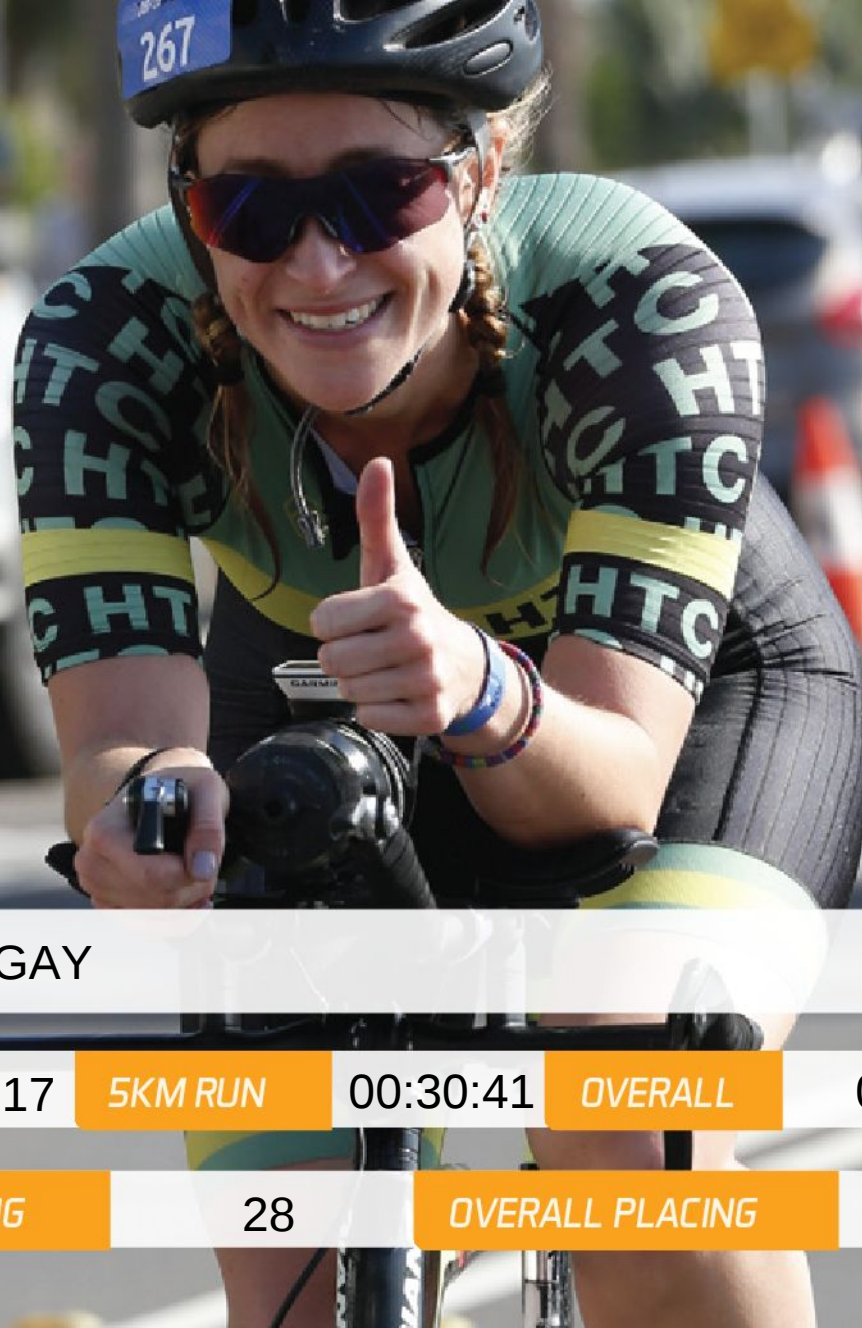




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Peter SLAMKAS-GAY

750M SWIM

00:14:41

20KM BIKE

00:45:17

5KM RUN

00:30:41

OVERALL

01:38:15

CATEGORY

20-24

CATEGORY PLACING

28

OVERALL PLACING

324

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish