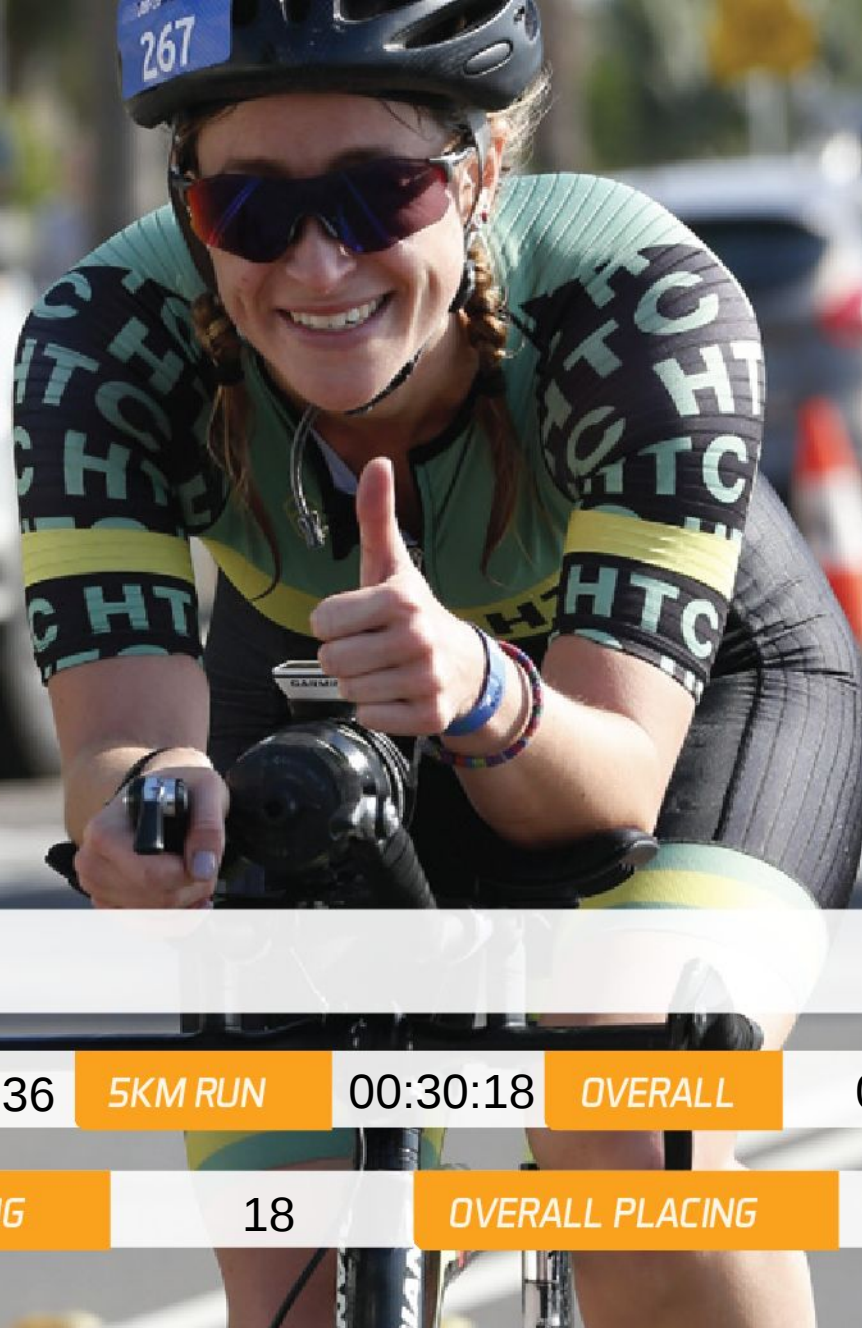




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Cameron STACK

750M SWIM

00:17:12

20KM BIKE

00:43:36

5KM RUN

00:30:18

OVERALL

01:43:27

CATEGORY

45-49

CATEGORY PLACING

18

OVERALL PLACING

392

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish