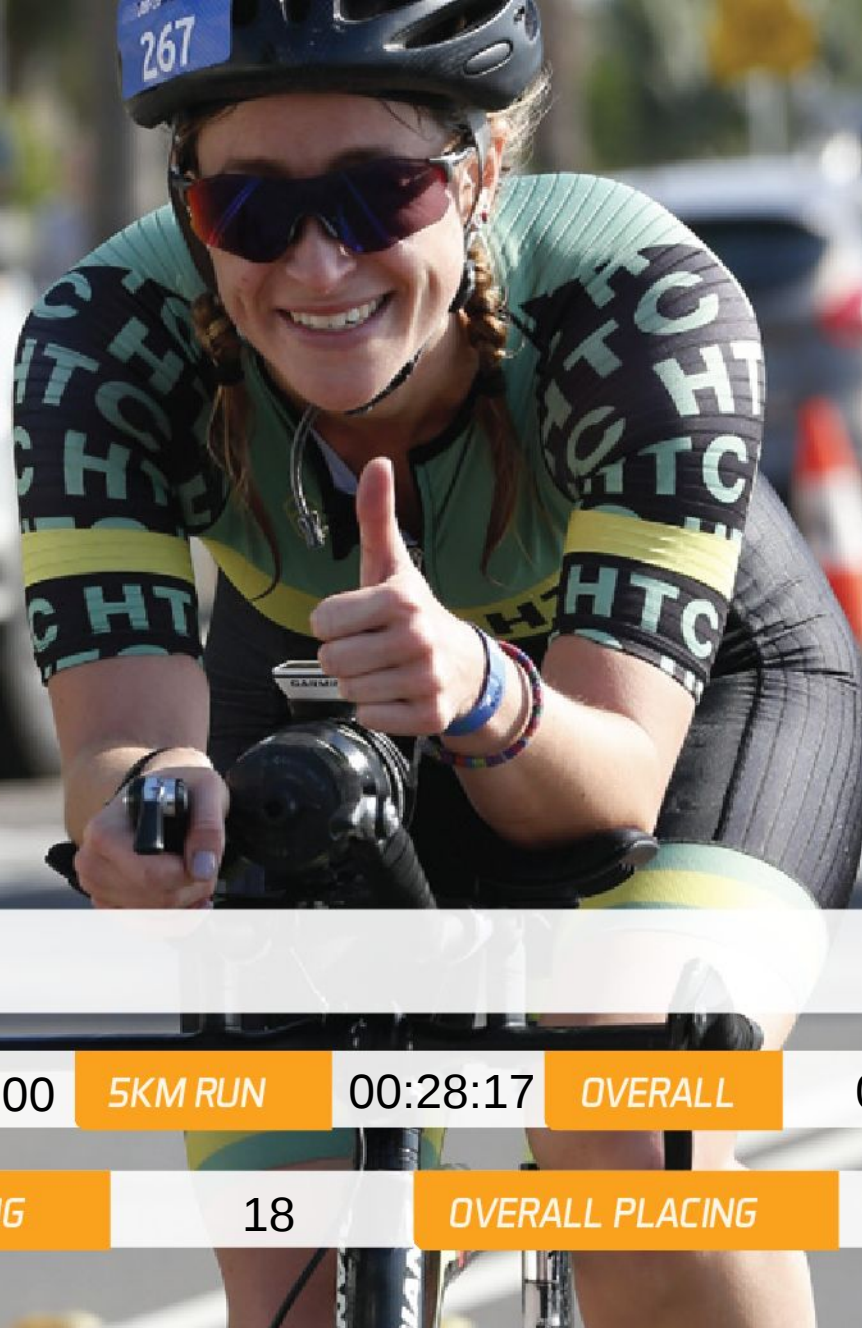




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Mitch TANNER

750M SWIM	00:17:27	20KM BIKE	00:32:00	5KM RUN	00:28:17	OVERALL	01:24:49
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CATEGORY	30-34	CATEGORY PLACING	18	OVERALL PLACING	132
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POWERADE.

Destination
WOLLONGONG

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EY

Traffic
Management

ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

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KIND

soto
Coughing required

catfish