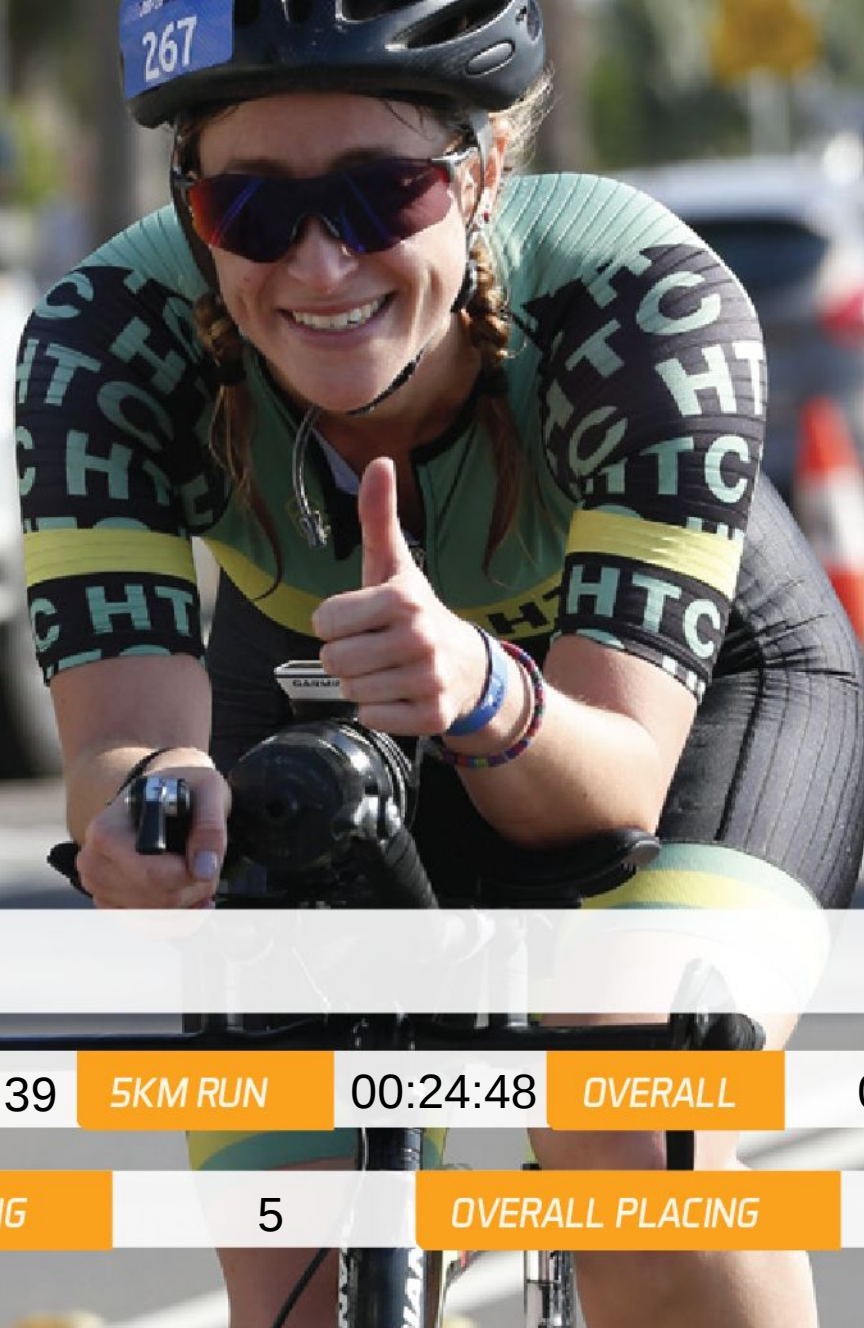




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Grant TRITTON

750M SWIM	00:14:43	20KM BIKE	00:36:39	5KM RUN	00:24:48	OVERALL	01:22:25
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CATEGORY	50-54	CATEGORY PLACING	5	OVERALL PLACING	92
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POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

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ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
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KIND

soto
Coughing required

>>>>>
catfish