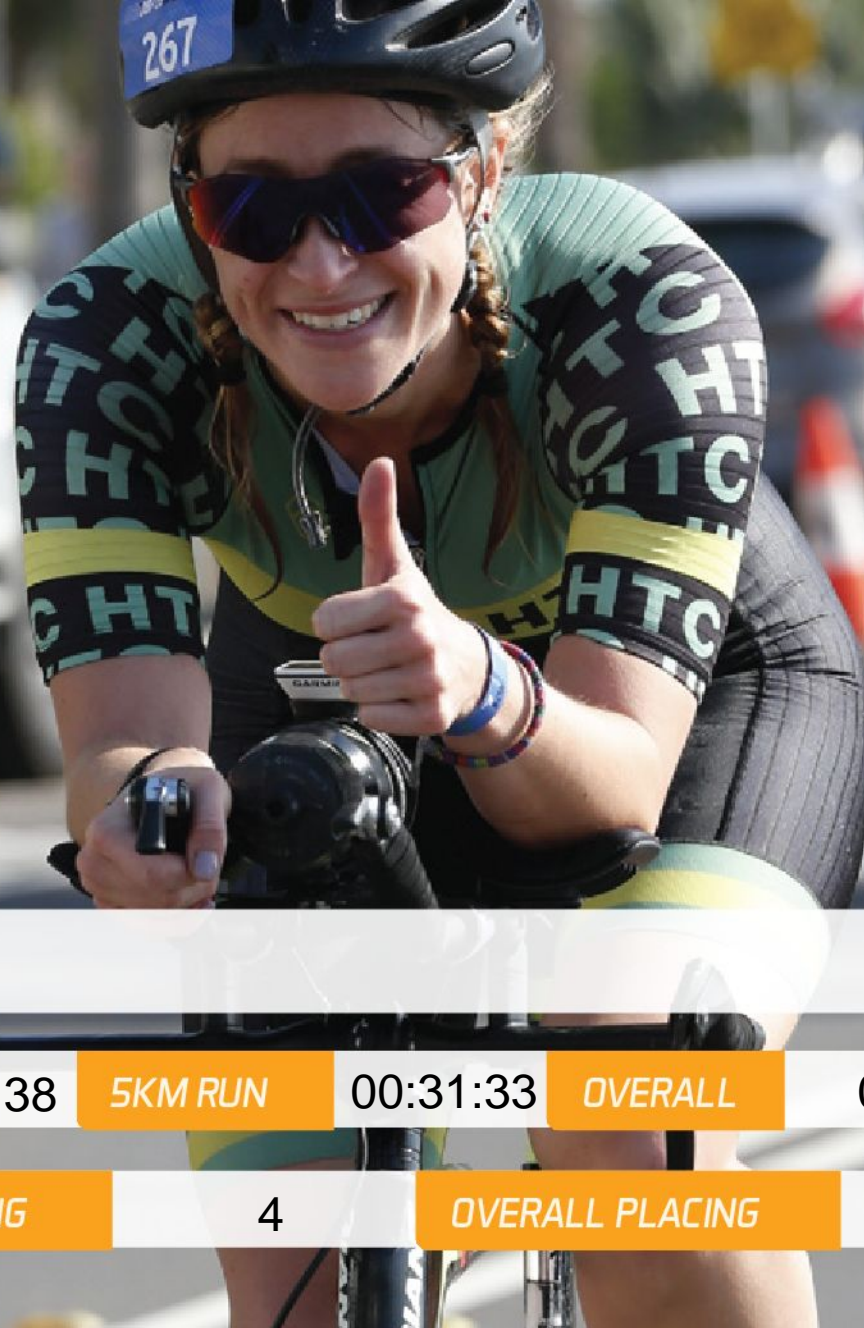




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Susan DANIELL

750M SWIM

00:17:55

20KM BIKE

00:40:38

5KM RUN

00:31:33

OVERALL

01:36:13

CATEGORY

55-59

CATEGORY PLACING

4

OVERALL PLACING

298

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish