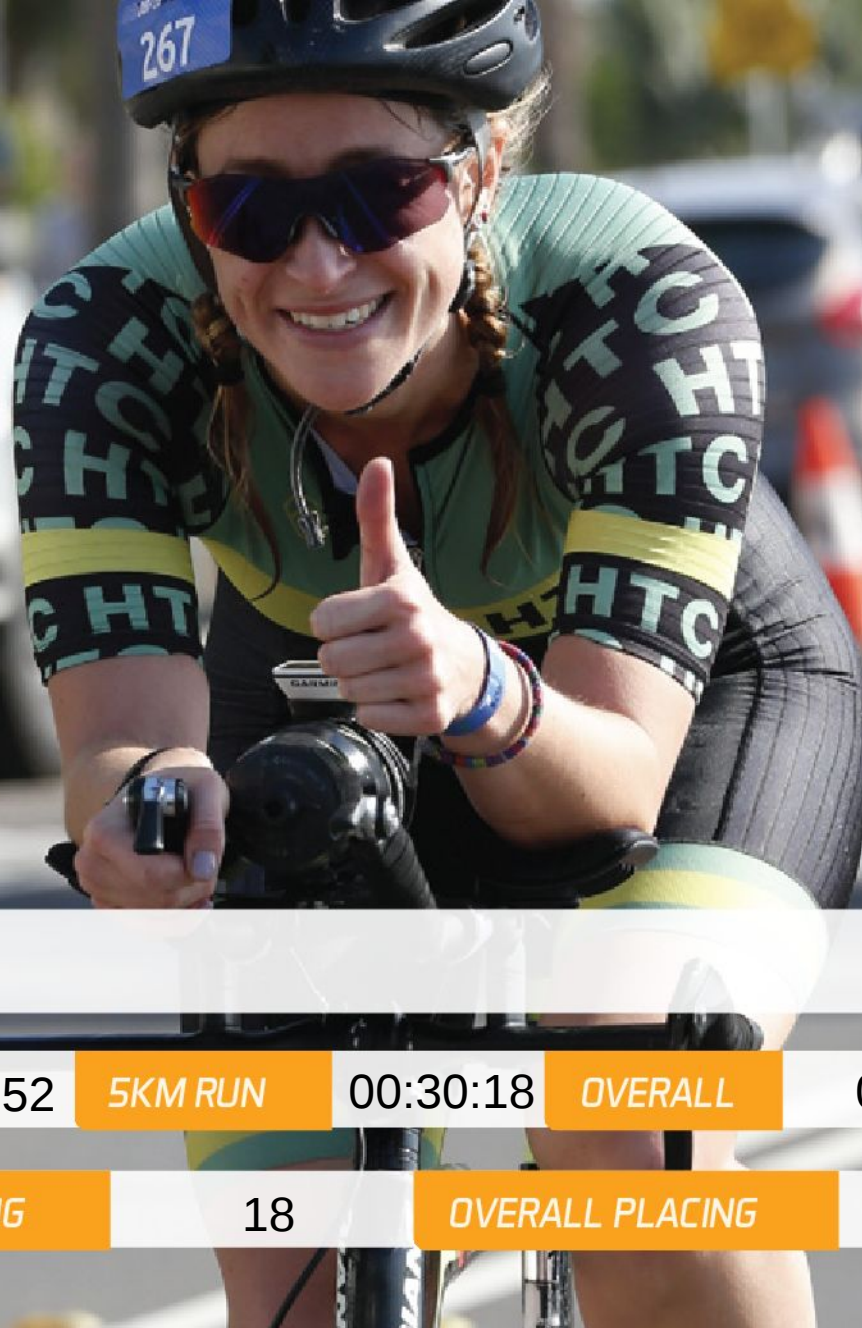




# TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



## SPRINT

Mikaela JESSUP

|           |          |           |          |         |          |         |          |
|-----------|----------|-----------|----------|---------|----------|---------|----------|
| 750M SWIM | 00:19:00 | 20KM BIKE | 00:44:52 | 5KM RUN | 00:30:18 | OVERALL | 01:40:51 |
|-----------|----------|-----------|----------|---------|----------|---------|----------|

|          |       |                  |    |                 |     |
|----------|-------|------------------|----|-----------------|-----|
| CATEGORY | 25-29 | CATEGORY PLACING | 18 | OVERALL PLACING | 362 |
|----------|-------|------------------|----|-----------------|-----|

POWERADE.

Destination  
WOLLONGONG

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PB Traffic  
Management

A  
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NON-ALCOHOLIC BEERS

Mc  
i'm lovin' it™

KIND

soto  
Coughing required

>>>>>  
catfish