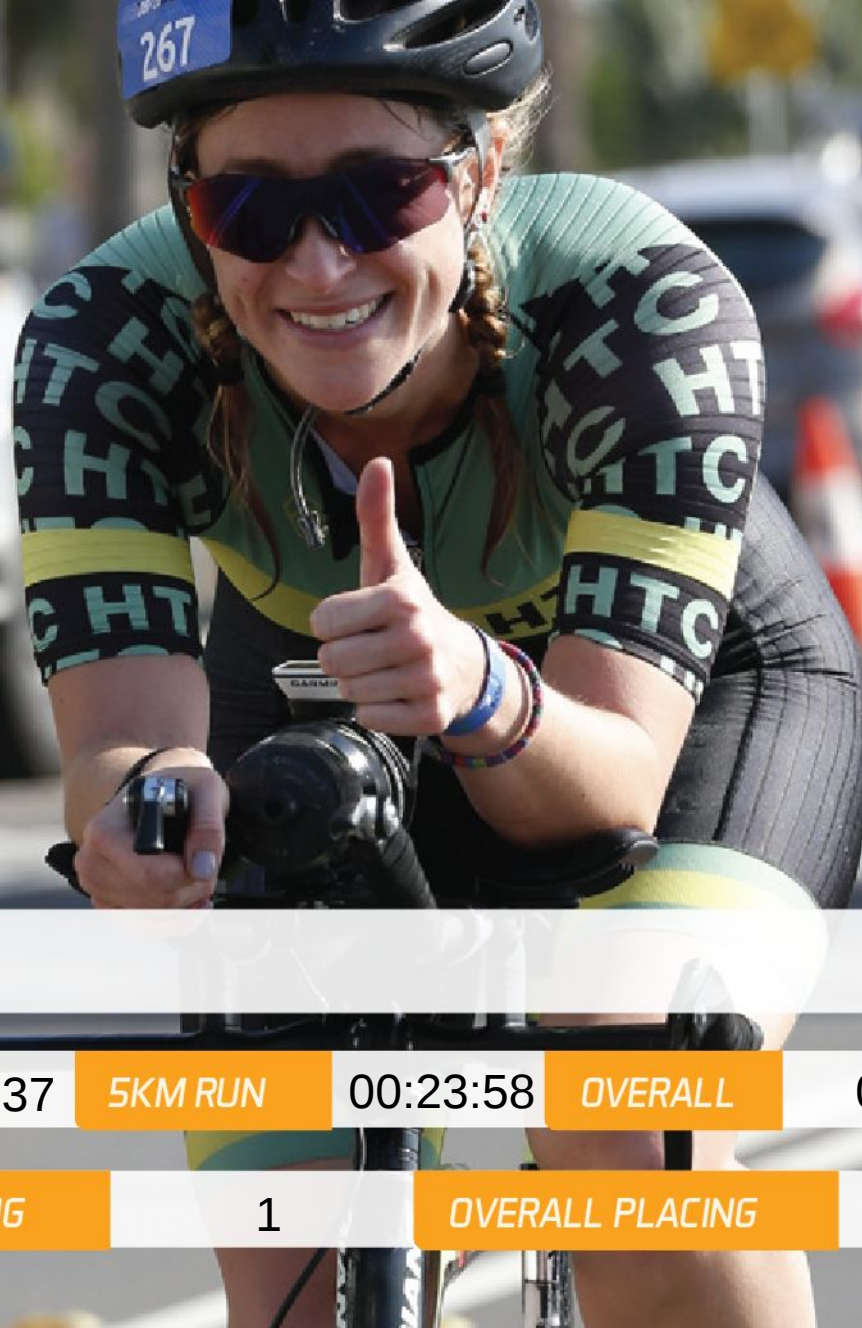




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Grace KELLS

750M SWIM

00:11:33

20KM BIKE

00:35:37

5KM RUN

00:23:58

OVERALL

01:14:41

CATEGORY

16-19

CATEGORY PLACING

1

OVERALL PLACING

28

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

B Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish