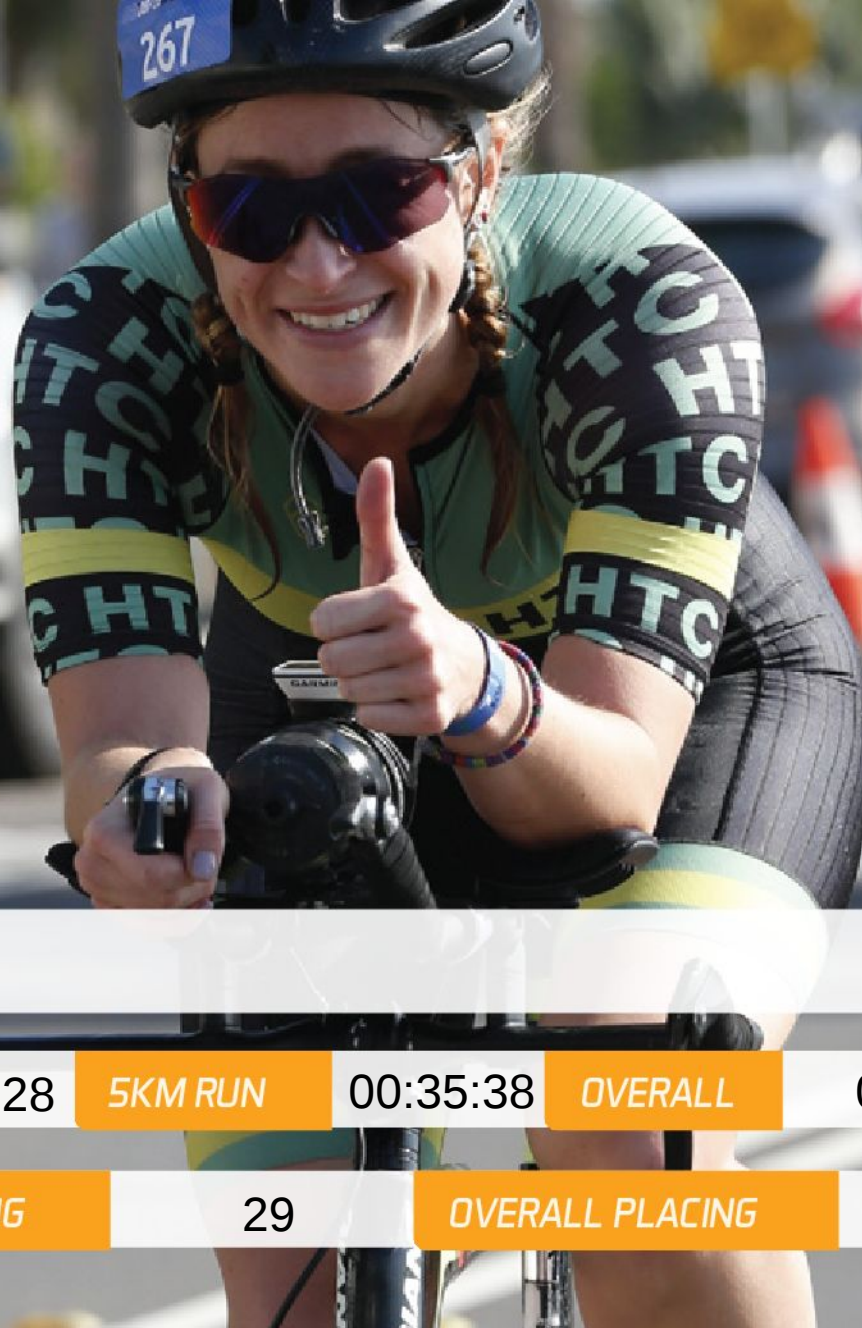




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Erin SUTERS

750M SWIM

00:13:55

20KM BIKE

00:52:28

5KM RUN

00:35:38

OVERALL

01:48:23

CATEGORY

25-29

CATEGORY PLACING

29

OVERALL PLACING

443

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish