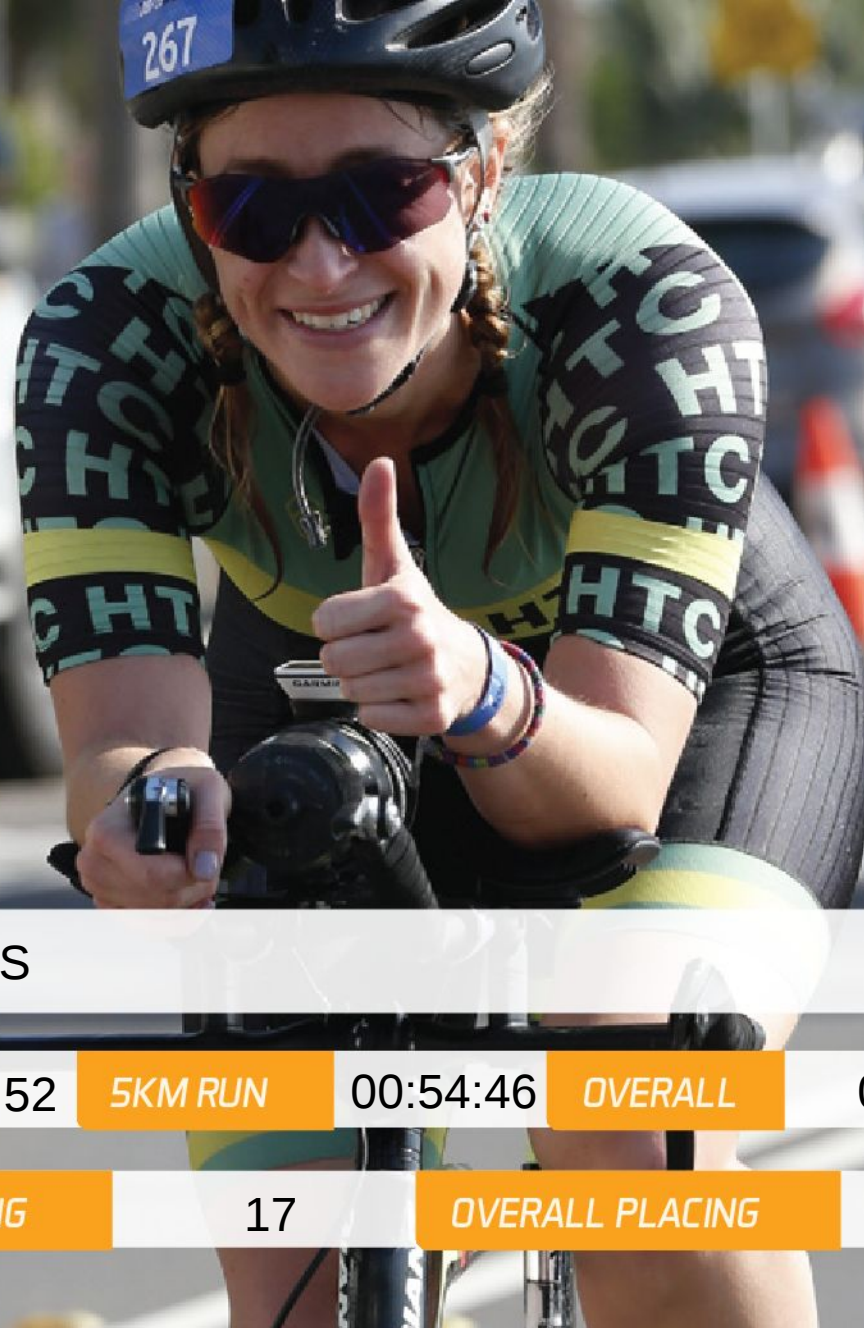




TRI THE GONG

SWIM . BIKE . RUN

SATURDAY 24TH APRIL 2022



SPRINT

Rebecca THOMAS

750M SWIM

00:18:27

20KM BIKE

00:47:52

5KM RUN

00:54:46

OVERALL

02:09:27

CATEGORY

35-39

CATEGORY PLACING

17

OVERALL PLACING

512

POWERADE.

Destination
WOLLONGONG

R Revvies
ENERGY STRIPS™

Peoplecare

fisiocrem™

ZOGGS

EY

PB Traffic
Management

A
ATHLETIC BREWING CO.
NON-ALCOHOLIC BEERS

Mc
i'm lovin' it™

KIND

soto
Coughing required

>>>>>
catfish